

Cyclists Wanted. Flexible Hours.

TAKING LIFE *At your Pace!*



***At your Pace* Freestyle Cycling Adventures™**

At Your Pace – Freestyle Cycling Adventures is the regional expert in self-guided bicycle tours and multi-sport adventures. Tours feature carefully selected boutique hotels & lodges, support, and meticulously planned routes along quiet, traffic-free roads. We live to ride and use our extensive local knowledge to craft perfectly awesome, outrageously fantastic itineraries. Our guests learn that bike vacations are the best way to soak up culture and history while creating memories of a lifetime.

Self-Guided Bike Tours



Glenwood Springs Chamber Resort Association

Self-guided bike tours allow you to enjoy your vacation, your way—catering to your independent nature while providing the advantages of a well-planned, affordable bicycle vacation. Each trip is tailored to maximize your freedom, allowing you to travel at your own pace. And, you'll never be left alone on our trips! Enjoy the freedom of flexibility, knowing that we're there for you every step of the way.

- ▶ **Colorado Wine Country Self-Guided Bike**
Duration: 4 days/3 nights
Level: Leisurely/Moderate
Colorado wine and cycling make the perfect pairing! Our Self-Guided Bike tour offers a blend of leisurely loops and jaw-dropping scenery.
- ▶ **Breckenridge & Vail Self-Guided Bike**
Duration: 4 days/3 nights
Level: Moderate
Known for pristine mountain skiing, the resorts of Breckenridge & Vail are also a cyclist's paradise!
- ▶ **Colorado Rocky Mountain Adventure Self-Guided Bike**
Duration: 6 days/5 nights
Level: Moderate/Leisurely
Nothing evokes images of quintessential Colorado like the great outdoors. Enjoy unmatched scenery as you pedal through Colorado's premier playground!
- ▶ **Rocky Mountain Family Adventure**
Duration: 4 days/3 nights
Level: Moderate/Leisurely
A great way for you to explore the beauty of Colorado while bonding with your family!

Multi-Sport Tours

Multi-activity, multi-adventure, multi-fun! Adventure awaits you in the land where active vacations reign supreme! Our active multi-sport trips offer the perfect mix of cycling, hiking, canoeing and rafting. See for yourself. We dare you!

- ▶ **Colorado Wine Country Bike & Hike**
Duration: 5 days/4 nights
Level: Leisurely/Moderate
Bike & hike in the land of sun-soaked vineyards and award-winning wines!
- ▶ **Colorado Wine Country Pedal & Paddle**
Duration: 5 days/4 nights
Level: Leisurely/Moderate
Combine spectacular cycling and the majesty of the legendary Colorado River by canoe on this multi-sport adventure!
- ▶ **Colorado Rocky Mountain Adventure Multi-sport**
Duration: 6 days/5 nights
Level: Moderate/Leisurely
This Multi-sport adventure gives you a taste of outstanding cycling, hiking and rafting.
- ▶ **Breckenridge & Vail Bike & Hike**
Duration: 5 days/4 nights
Level: Moderate
Combining the best of cycling and hiking, allowing you to experience the wonder of Colorado first-hand.

- ▶ **San Luis Valley Horseback Riding & Hiking**
Duration: 4 days/3 nights
Level: Leisurely/Moderate
An authentic western experience! Wind along the Rio Grande River; view wild mustangs, then hike the Great Sand Dunes.
- ▶ **Ride the High Desert Horseback Riding & Cycling**
Duration: 5 days/4 nights
Level: Leisurely/Moderate
Explore the wide-open spaces and mystical landscape of Colorado's San Luis Valley on bike and horseback.



Grand Junction Visitor & Convention Bureau



Imagine relaxing with your favorite micro-brew after a thrilling day of cycling in Colorado's high country! Get a flavor of the region and soak up the suds in Colorado beer country. Tap into Colorado's epic cycling and get a taste of Colorado's thriving beer scene on these Brews & Cruise adventures. Tough gig, but somebody's gotta' do it!

Breckenridge & Vail Brews & Cruise

Duration: 5 days/4 nights
Level: Moderate

Explore Colorado's vibrant and booming craft brewing scene. World class cycling. World class beer. World class fun!

Taste of the Rockies Brews & Cruise

Duration: 5 days/4 nights
Level: Moderate/Leisurely

Enjoy unmatched scenery and panoramic views of Aspen & Glenwood Springs. Soak up the suds in Colorado beer country!

Brews & Cruise Bike Tours



AYP Founder
Pam Keller
and mascot
Harry Jefferson



Custom Trips

Experience your Colorado bike vacation your way and with the people you enjoy! Girlfriend getaway? Corporate retreat? Honeymoon? We'll design a custom trip that you'll never forget!

Discounts: As the tour organizer, if you're traveling with 10-18 of your BFFs, you'll receive a discount, based on the requested tour and start date, as follows:

Group of 10-14: tour organizer pays 1/2 of the tour price*

Group of 15-20: tour organizer travels for FREE*

Family Cycling Trips

Our bicycle tours are a great way for you to explore the beauty of Colorado while bonding with your family and creating priceless memories.

Proud to be LGBT Friendly!

Enjoy an intimate vacation or choose from one of our existing tours. Better yet, let us customize a bike adventure just for you!

Girlfriend Getaways

Combine your biking trip with a spa vacation, cooking school, wine tour, art retreat, hiking or horseback riding.

Guy Trip: A Mancation with your Friends

Conquer the Rocky Mountains on an adventure cycling vacation. We'll handle the planning, routing, and bag transfers so you can focus on the fun.

Bicycling for Beginners

New to cycling? Looking for easier terrain? We know which tours are best. Or, let us customize the perfect ride for you and your cycling ability.

Because You're Worth It: Personalized Travel

We can tailor a tour to fit your individual needs. Ask us about group discounts.

* We will apply the discount to the tour organizer's trip cost. One discount per person. Discounts do not apply to the San Luis Valley Horseback Riding & Hiking or Ride the High Desert Horseback Riding & Cycling tours.

For details, call 970-776-0181
or visit our website at:
www.atyourpacebiking.com
and let's start planning your
perfect cycling vacation!

Equipment & Activity Levels

Equipment

Bicycle rental for your Colorado bike vacation is available for an additional per person charge on all tours. We offer high-quality, all-terrain hybrid or road bikes. Rates vary per tour. Bikes will be delivered to your starting hotel prior to the start of your trip and picked up at the end of your trip.



Want to bring your own bike? Great! You'll still have the use of our GPS navigation system for use while on your bike tour. See *Terms & Conditions/Bicycles* on our website for additional information regarding bringing your bike. Recommendations for traveling with your bicycle will also be included in your travel documents.

Equipment included in each bike rental:

- ▶ **Helmet**
- ▶ **Rear pannier**
- ▶ **Rain gear**
- ▶ **Safety vest**
- ▶ **Handlebar bag**
- ▶ **GPS Navigation System** (1 per 2 people)
- ▶ **Written navigational instructions**
- ▶ **Toolkit, including spare tube**
- ▶ **Lock**
- ▶ **Tire pump**
- ▶ **Water Bottle & Luggage Tag** (yours to keep as a trip souvenir)



Activity Levels

Here's one of our most frequently asked questions: "Is bike riding in Colorado hard?" The answer? *No!*

We've got activity levels for all abilities, from cruiser to avid cyclist. Each of our self-guided bike tours is matched with an activity level, based on both terrain and mileage. All tours have more than one level, leaving you the freedom to choose which level and route you'd like to ride. Whichever choice you make, you'll always be able to ride at your own pace!



Leisurely

Easy, laid-back, relaxed. You like to cruise! The theme for the day is quiet country roads and flat terrain with some small, manageable hills.

Moderate

You're a strong, confident cyclist and ride on a regular basis. Routes are mostly flat, with just enough rolling hills to get your heart pumping.

Advanced

You've got legs! Not for the faint of heart, these routes are demanding and can include steep grades. They are designed for the serious, avid cyclist who rides frequently and is up for a challenge.

For tour details, call 970-776-0181
visit our website: www.atyourpacebiking.com
or email: info@atyourpacebiking.com

