



Travel guide

LYNGENFJORD

www.visit-lyngenfjord.com

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Welcome to the Lyngenfjord region

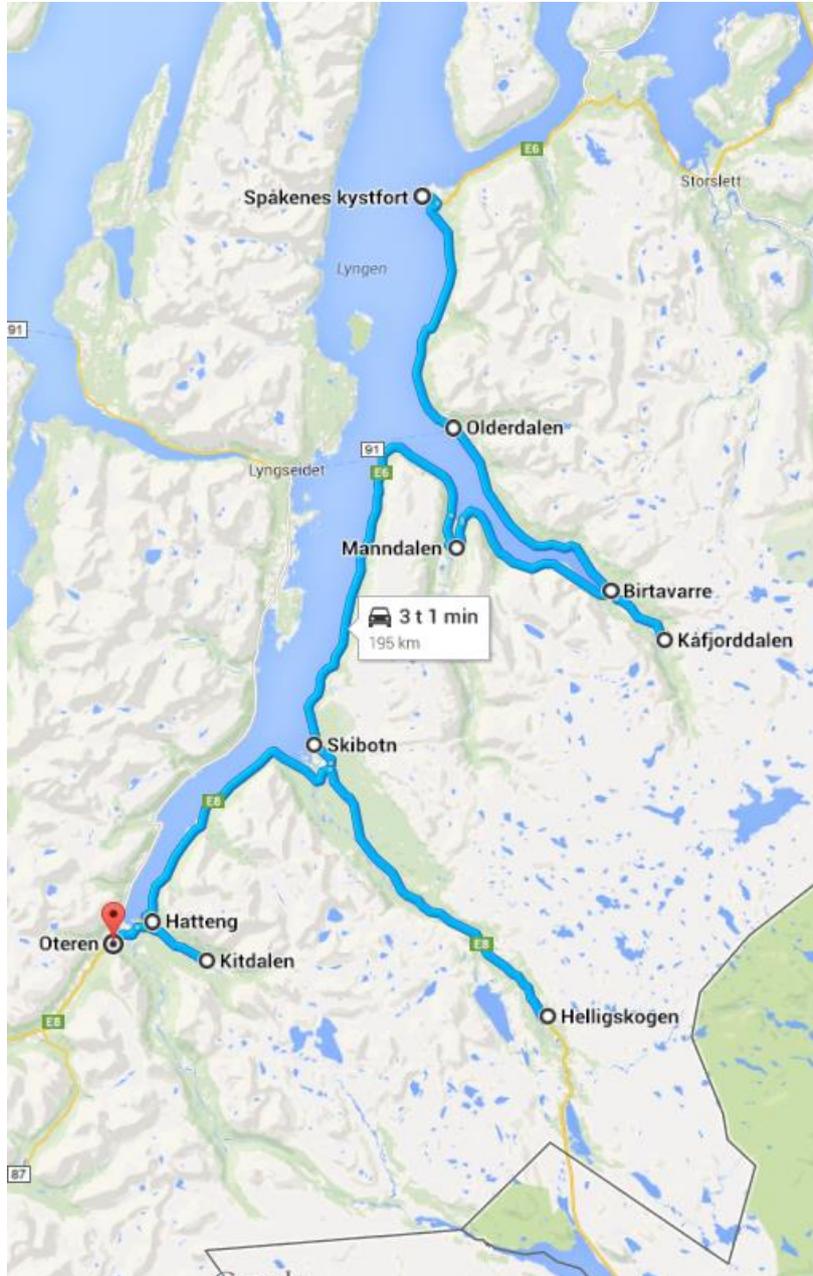
Welcome to the region of Lyngenfjord. You will now experience a spectacular and varying landscape, which can only be found in Northern Norway. Today, as much as it was in earlier times, nature marks and determines this region and influences the lifestyle and culture in this area. We invite you to explore all facets and beauty of this region and hope that this guide will assist you to create and support an unforgettable trip through our region. The guide is divided in two parts, first we cover the eastern side of the Lyngenfjord, following the E6, then the western part following the Lyngen Alps. We also recommend check our hiking guide for tips on trips/hikes in the region, <http://visit-lyngenfjord.com/en/travelguide-lyngenfjord> or visit one of our tourist offices in the region.

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We wish you a pleasant trip- or as we say in Norway: God Tur!

From Oteren to Spåkenes along the E6

The E6 runs along the eastern side of the Lyngenfjord. Explore the history of the region, the vallies and learn something about the sami culture.



Oteren

Oteren is the first village when you enter the Lyngenfjord region from Tromsø/Narvik. Here is a turnoff towards Lyngseidet – further info about this route on page 15. Right after to this turnoff, you

will find the hotel *Lyngskroa* with a public restaurant and a bar. The hotel has its own wine cellar with over 3000 different wines. Besides, this hotel consist of different buildings, which are connected by a glass “tunnel”. This can be a more comfortable way to watch the Northern Lights in autumn and winter time.

If you continue north towards Hatteng, we recommend a stop at the end (or for you, the beginning) of the Lyngenfjord, in this part of the region named Storfjord. In spring and autumn, many birds rest here on their way south or north. At this special place, the river Signaldalselva flows into the fjord



View out the Lyngenfjord, with Oteren in the foreground

providing an area with lots of food for the birds.

- Welcome Inn Hotel Lyngskroa,
Telephone: +47 77 71 50 00
www.lyngskroa.no

Hatteng

After around 4 kilometers drive, you can turn off the E6 to Hatteng. If you continue on the E6 past the turnoff to Hatteng, you will find a rest area with toilet and picnic tables.

After the rest area there is a second turnoff to Hatteng (not clearly signed). Turning of here you will see a sign to Storfjord Kirke, a traditional wooden church from 1952. Continuing on the road, turning right towards Hatteng, you will first pass the town hall on the right hand side, before arriving at the supermarket **Coop Marked** and **Hatteng Grillbar & Camping**.

The small restaurant “*Grillbar*”, offers fast-food as well as traditional, Norwegian dishes. The supermarket offers everything necessary for day-to-day life.

- Grillbar:
 - Mon – Thu: 16.00 – 21.00 ,
 - Fri: 16.00 – 22.00
 - Sat: 14.00 – 22.00
 - Sun: 14.00-21.00
- COOP & Gasstation Hatteng: Mon – Fri: 08.30 - 20.00 and Sa: 9.00 - 18.00
- Campground Hatteng Grillbar & Camping: Telephone: +47 77 71 49 99
- Lyngsfjord Adventure, offer a wide range of winteractivities, www.lyngsfjord.com

Additional Trip Option to Signaldalen/Kitdalen

From Hatteng, you can take a little side trip into Signaldalen or/and Kitdalen. Both valleys lie in front of the Otertinden (1.356 m), looking like the Matterhorn in the Alps.

Follow the signs to the vallies. The Valley Signaldalen is about 20 kilometers long and can be explored around 11 kilometers by car. Coming towards the end of the road, you will find a farm called “Rognli Gård”. You can park the car and hike about 4 hours to the Gappohytta. This cabin is operated through the Troms Turlag and you need a key to get into the cabin. From Gappohytta it is about 12 km to the cabin Goldahytta, which is a good starting point to get to the Three-country-cairn, where Norway’s, Sweden’s and Finland’s borders meet. Further information about cabins under:

http://troms.turistforeningen.no/article.php?ar_id=9897&fo_id=10624

<http://ut.no/hytte/gappohytta>

<http://ut.no/hytte/3.2399/> - Goldahytta

Also at the parking area in Signaldalen, by Rognli Gård, you will find information about other hikes possible from this starting point.

Alternatively, you can drive 12 kilometers into the valley Kitdalen. This valley is really popular among Mountainbikers, since you can bike up over the tree line. You can even bike over the top of the mountains and plateaus where you get to the next valley Skibotndalen. The “Lavkarittet” is a Mountainbike race (<http://lavkarittet.no/>) that use these spectacular paths, the trail is well marked. The competition Lavkarittet takes place every year in august.

Bollmannsveien

Half way between Skibotn and Hatteng, you will find a sign “Krigsminne” – and a parking lot where the *Bollmanns-* or *Russeveien* start. This is a path, which was built by Russian prisoners during Second World War, and leads up to a point 550 meters above sea level. The path is mostly easy and comfortable to walk and offers a spectacular view over your surroundings and the Lyngenfjord itself. Great viewpoint for the midnightsun.

Additional Trip Option to E8 Skibotndalen – Kilpisjärvi

Before you enter Skibotn, right after crossing the Skibotn river, you will find the turnoff for the E8 towards Finland. The border is about 38 kilometers away and 7 kilometers past the border you reach the first small town *Kilpisjärvi*. In *Kilpisjärvi* you find a gas station, supermarket and accommodation. During the summer there is a boat service from Kilpisjärvi that takes you across the lake and to a 3 km path that leads to the three-country-cairn where the borders of Norway, Sweden and Finland meet.

10 kilometers after the turnoff towards Finland, you will see a sign “Lulledalen”, turn off on the narrow road and drive to the parking lot. Here begins a 2,5 kilometer path through the forest of the **Lulledalen** (Lulledalen skogsti). This path is a paradise, especially for those who are interested in plants and flowers. You can find 16 different orchids along the path for example the ghost orchid or the lady’s slippers.



Helligskogen Fjellstue

11 Kilometers before the border on the right hand side is the hostel **Helligskogen**. The rooms are reasonably priced and the owner exhibit local handcrafts which can be looked at or bought as a memory or a souvenir.

- Helligskogen Vandrehjem:
Telephone: +47 901 26 133,
www.helligskogen.no

Skibotn

The drive from Hatteng to Skibotn is 23 kilometers long. About 4 km before Skibotn you will see a rest area by the fjord, the parking offers views towards the Lyngen Alps and a chance to walk on the stoney beach or towards the nearby nature reserve the “Skibotndelta”, known for its birdlife and plants.

Before you enter Skibotn you will find a **Statoil** gas station on right hand side of the road. The gas station also offers some of the typical Norwegian fast-food.

Right across the street from the gas station, before the driving over the bridge of the Skibotn river, you will find the local Pub **Broen Pub**, opened mainly on weekends.

In Skibotn you find several campgrounds, all directly situated next to the Skibotn river or the fjord. The **Olderelv Campground** is open all year round and offers cabins to rent, a small restaurant & shop, washing machine and a sauna. The **Strandbu Campground** offers a small shop, cabins to rent, a sauna, outdoor hot tub, barbecue house and a washing machine. Towards the right of the campground, you can find a small path along the shore where different kinds of birds can be seen. **Skibotn Camping**, just by the E6 after Skibotn, here you can rent cabins, a Finnish sauna and space for tents.

In the center of Skibotn you find the local supermarket „**Joker**“.

Skibotn has been one of the major trading places throughout the 18. Century in North Troms. Merchants from Finland, North and South Norway as well as from Sweden came to Skibotn to exchange goods like reindeer, fish and tools. The goods were sold in little wooden cabins. Once a



year, this tradition is revitalized and a marked is held in the center of Skibotn. Driving through Skibotn, you find one of those old sales cabins to the right of the church. The cabin is part of the North Troms Museum and has an exhibition of the life and religion in the 18th century. The museum is open throughout the summer.

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- Supermarket Joker: Mon – Thu: 09.00 – 18.00 , Fri: 09.00 – 19.00 and Sat: 09.00 – 17.00
- Broen Pub: opened every other Friday and Saturday after 22.00, check <https://www.facebook.com/broenpub?fref=ts> for info
- Museum: only opened in the summer
- Skibotn Marked: takes place from the 17th – 19th of June 2016 with numerous traders from Norway, Sweden and Finland: <http://www.skibotnmarked.no>
- Camping grounds:
 - Olderelv Camping: Telephone: +47 77 71 54 44, www.olderelv.no
 - Strandbu Camping: Telephone: +47 77 71 53 40, www.strandbu.no
 - Skibotn Camping: Telephone: +47 77 71 52 77
- **Touristinfomation** in Skibotn: Open summer
More information about the region can be found on www.visit-lyngenfjord.com.

From Skibotn to Manndalen

The route between Skibotn and Manndalen provides its drivers with amazing scenery and great views across the Lyngenfjord and to the Lyngen Alps on the other side. After leaving Skibotn, you will see a stony beach, parking by the road, here you can go down to the beach. It invites to picnics and swimming (for those that do not mind cold water ☺).

Along the side of the road there are numerous parking lots that invite for a short photo-stop.

Tip: If you are interested in history – make a stop at “Hotel Savoy” where Jan Baalsrud hid from the Germans during the Second World War, for a few nights during the spring 1943, on his flight to Sweden. The small cabin is a replica of the original one, which was located just next to the one

standing there today. The parking is not marked, but you will find it at the following coordinates: [69.467396, 20.325756](https://www.google.com/maps/place/69.467396,20.325756), ca 14 km north of Skibotn.

Life in such a spectacular surrounding can involve some risks like in the old days, as much as it does today. Therefore, the people living in this region have to learn to estimate and control risks like avalanches and debris avalanches. A little hut can be seen on the left hand side of the road when driving to Manndalen. Here are hazards measured to develop appropriate and secure roads along the Lyngenfjord. Here they are especially focusing on the Nordnes mountain, it is one of the most monitored mountains in Norway.

A tunnel is now being built through the mountain and will open sometime in 2017.

Manndalen

One of the most popular attractions in Manndalen is the **Center for Northern People** (Senter for Nordlige folk). The center is idyllically situated in the valley Manndalen and aims at the research and preservation of the Sami and other northern cultures. Besides a library, the center comprehends a small museum and a Café (open only on requests or special occasions).



Riddu Riddu Photo: Ørjan Bertelsen

The Riddu Riddu Festival takes place every summer, this year from the **13th – 17th of July 2016**. The festival is one of the biggest in the region and combines the music of different cultures. Artists come from all over the world to play under the midnight sun. During the Festival, various activities can be found, for example different workshops and a handcraft market. Visitors can camp on

the area next to the festival. Further information can be found under: www.riddu.no.

Furthermore, you find a gas station and two supermarkets (**Joker und Coop**) in Manndalen. Both open Monday to Saturday. On Saturdays, you can visit the “**Husfliden**”, a shop that sells local handcraft. You can get yourself a memory from your vacation or a small gift for those who are waiting at home.

In Mandalen, you have a few options for accommodation. **Mandalen Sjøbuer** rents out cozy cabins that lie directly by the sea and offers an amazing view. Further, various activities for example hiking or boat trips can be booked here. **Sjøbukafeen** based at Mandalen Sjøbuer offer meals for visitors and travelers during the summer. Close by you will find **Løkvoll Camping**, cabins for rent, which is also situated next to the sea, possible to rent bikes and a barbeque hut here as well.

Possibilities for Hikingtrips: Driving towards the end of the valley of Mandalen there are various possibilities for hiking trips. We recommend to buy a map in one of the local shops: Turkart Kåfjord, 1:50 000.

- Senter for nordlige folk: <http://www.senterfornordligefolk.no>
- Mandalen Sjøbuer/Activities/Restaurant: Henrik Solberg, Telephone: +47 41 60 47 38, www.sjobuer.no
 - Sjøbukafeen: open during the summer
- Løkvoll Camping: +47 467 81 933
- Joker and Coop: Mon-Fri 9.00 – 20.00 , Sat: 9.00 – 18.00 – *Coop also has a digital touristinformation*
- Mandalen Husflidslag: open from 10.00 – 15.00 , Mon, Wed, Thu, Fri and Sat, Telephone: +47 77 71 62 73
- Lyngen Boat – Fishing trips or sightseeing by boat, +47 975 39 277, www.lyngen-boat.no

About 6 km after Mandalen, towards Birtavarre, is **Skardalen**. Skardalen is known for its cultural landscape. You can park just before the tunnel and walk the tractorroad into the valley, here you will see traces of local history.

When you continue the drive towards Birtavarre, you will find a nice parking lot between the two tunnels. Here you have an amazing view, benches for picnics and barbeques as well as toilet facilities. (N69°30'44.1/ E020°42'04.2)

Birtavarre

16 kilometers after leaving Mandalen, you will reach the end of the Kåfjord, a branch of the Lyngenfjord. Turning off the E6 you will first see a turn to the right towards the campground **High-North Camping** they rent out cabins and sell fast-food during the afternoons in the summer. Continuing to the left is a gas station and a **Joker** shop, both open every day, also on the weekends. A couple of hundred meters further, you can find a **Coop** supermarket that sells groceries, building supplies and functions as a **post office**. Here you can buy almost everything. Opposite from Coop, you find another **Husfliden** that sells local handcraft. Situated around 500 meters further into the valley of Birtavarre is a small medical center "*Helsestasjon*" in case you need medical support (Telephone: +47 479 72 797).

- Joker: Mon – Sat: 09.00 – 22.00 , Sun: 12.00 – 22.00 – *here you will also find a digital touristinformation*
- Coop marked/Coop byggmix: Mon – Fri: 09.00 – 19.00 , Sat: 09.00 – 18.00
- Handcraft & Souvenirs - Husfliden: Sat: 11.00 – 15.00 , Telephone: +47 918 82 567
- High-North Camp Birtavarre: Telephone: +47 77 71 77 07, <http://eng.high-north.com/camp-birtavarre/>

Kåfjorddalen – Ankerlia – Gorsabrua – Halti



Driving from the E6 into the valley of Kåfjorddalen you will dive into an area that is barely known and that offers numerous possibilities to explore the mountain, go hiking and bicycling and get a glimpse of the culture of the Sea Samis. Throughout the 20th century, mining was one of the major income generators in the valley. Until today you can see the consequences of the mining. The area is marked by old trees that died under the poisonous sulfur smoke,

weathered ruins of melting huts and houses. Old paths and left overs of former cable cars as well as old entrances to now closed mines add on to the mystery of this old mining place. Everything is described in detail when you get to the parking lot of Ankerlia, a parking lot around 10 kilometers away from Birtavarre. You get to the parking lot by following the valley in Birtavarre. At the end of the paved road, you will reach a gravel road that has been newly restored and can be used by cars. From the parking lot at Ankerlia, you can follow the hiking path that takes you across the river and after 500m you get to an old mining area. Here you also find numerous signs about the history of the place. Furthermore, there are many hiking options signed out.

For those who seek an adventure, we recommend to walk up to the Moskkugaisi Mines. The way is steep and winds itself up into the Mountains. You can see remnants of old cable cars and other items reminding of the time when mining determined this area. Follow the way up to a height of 800 meter where you can look at the Ørnedals-cabin. Further, you can have a look over the valley of Ørnedalen, which falls 600 meter sharply down. Be careful- there are no secured ways!



The most popular trip begins in Ankerlia and leads through the old ruins along the river up into the Mountains to the bridge Gorsabrua. In the beginning, the path goes modestly uphill whereas the last part is rather steep. After two hours, you will reach the bridge that is crossing a 155 meter gulch. It will be 1,2 kilometers on the other side of the bridge to get back to the upper parking lot. **Tip:** On Saturdays, in the summer season, you can try Bungee jumping from the bridge. Pre-booking necessary.

- o Bungee Jumping: www.bungee.no, Tlf. +47 908 70 977

Starting from the parking lot in Ankerlia, you can continue to follow the gravel road. The road has been repaired and can be used by normal cars. The road is winding itself up into the valley where you will cross a gulch on an old wooden bridge. About two curves later, you can walk 1,2 kilometers to the **Gorsabridge**. If you continue driving, you will get up to treeless plateaus where you can see sheep and reindeer. You can continue driving into the Mountains till you come to a crossing (10 kilometers to Ankerlia) and soon you will see the **Guolasjavri Lake**.

The road runs along the lake till its south-eastern end (18km from Ankerlia). There is a parking lot, which is a perfect starting point for other tour options. You can hike up Halti, which is Finlands highest mountain (1.361 Meter), or you can hike into the direction of the valley Reisadalen and the Reisa National park. This is an amazing trip but we do recommend to take maps (Turkart Kåfjord 1:50 000 or Turkart Nordreisa 1:100 000) since there is no cell phone reception and really few signs.

Olderdalen

From Birtavarre to Olderdalen, you have to drive 19 kilometers. Arriving in Olderdalen you might notice a small red wooden church (Kåfjord Kirke from 1949) that welcomes you up on the right hand side.

Around 2 kilometers before Olderdalen, you find the **Siam Café & Catering** offering Thai food with Norwegian influence that can be consumed in the cozy restaurant with the view of the fjord (only open in summer).

In the center of Olderdalen you find the ferry to Lyngseidet. The ferry takes about 45 minutes. The trip costs 150,- NOK for a car with driver and 50,-NOK for every additional person (Prices for 2016). On the ferry pier, you can find a small kiosk offering simple, fastfood dishes.

If you continue to the center, you find a small **Coop** supermarket that offers groceries and everything for the day-to-day life as well as fishing gear. Furthermore, there is a mechanic, a flower shop and a gas station situated in the center of Olderdalen.

Next to the the gas station, you find the **Håkon Gjestehus** and Café, a small but modern and cozy pension. The owner takes care of her guests and serves homemade food in the Café from Monday to Sunday from 12.00 to 18.00.

- Siam Cafe & Catering: Summer
- Coop Marked: Mon - Fri: 9.00 – 18.00 , Sat: 9.00 – 15.00
- Kiosk next to the ferry: Mon – Fri: 08.00 – 21.00, Sat: 10.00 – 21.00, Sun 12.00 – 21.00
- Gas Station: 24 hours open, but only Credit payment possible. The small shop on the side is opened Mon – Fri. 09.00 – 20.00 and Sat – Sun 10.00 – 20.00
- Verksted – Mekonomen: Telephone: +47 77 71 84 54
- Håkon Gjestehus (Pension) & Café: : Telephone: +47 995 88 635
Openinghours Cafe: Mon - Sun 12:00 – 18:00
- Ferry: <http://www.bjorklid.no/>

Ferry Timetable 2016:

From Olderdalen - Lyngseidet			
MO-THUR	FRI	SA	SU
06.30	06.30		
08.15	08.15	08.15	08.15A
09.10B	09.10B		
10.05	10.05	10.05	10.05
10.50B	10.50B	10.50B	10.50B
11.45	11.45	11.45	11.45
12.30B	12.30B	12.30B	12.30B
13.30	13.30	13.30	13.30
14.10B	14.10B	14.10B	14.10B
15.10	15.10	15.10	15.10
15.55B	15.55B	15.55B	15.55B
17.00	17.00	17.00	17.00
17.40B	17.40B	17.40B	17.40B
18.35	18.35	18.35	18.35
19.20B	19.20B	19.20B	19.20B
20.40	20.40		20.40

Nordmannvik

It is a 10 kilometer drive from Olderdalen to Nordmannvik. Before crossing the bridge at the beginning of Nordmannvik, you will find a parking lot on the right hand side. Here a small map shows the Nordmannvik valley inviting for a hiking trip.

After crossing the bridge, you can see a small shop that sells groceries and things needed for daily life. The owner knows a lot about the area and can give advice and information about hiking possibilities. He further rents out cabins: the **Lyngen Fjordbuer**:

- Shop in Nordmannvik: Mon – Fri: 09.00 – 16.00 , Sat: 09.00 – 14.00
- Lyngen Fjordbuer: Ingar Lyngmo, Telephone: +47 909 47 452, www.lyngenfjordbuer.no

Djupvik – Spåkenes

After another 9 kilometers, you will arrive in Djupvik. Djupvik is quite stretched out and offers different forms of accommodation, for example the Artic Lyngen Sjøcamp and the Lyngen Lodge. There is also a little shop in Djupvik.

- Artic Lyngen Sjøcamp: Telephone: +47 417 69 069, www.artic-lyngen.no
- Lyngen Lodge: Telephone: +47 47 62 78 53, Internet: www.lyngenlodge.com
- Shop in Djupvik: Mon – Fri: 09.00 – 16.00 , Sat: 09.00 – 14.00

Tip: every day around 19.00 , the local fisherman comes back from the sea, which gives you the possibility to buy fresh Shrimps or in Norwegian *Reker* directly from his boat.



The peninsula Spåkenes is a good place to do some short walks. Driving north from Djupvik, through some serpentine roads you will see a parking lot with toilets on the right side of the road. From there, you walk around 300 meters back till you see a path into the forest to the right hand side. You could park here as well, but the local authorities appreciate if you rather not. The path is about 2 kilometers long and leads to an old fort from the Second World War. From this place, you will have a fantastic view especially when you want to see the midnight sun.

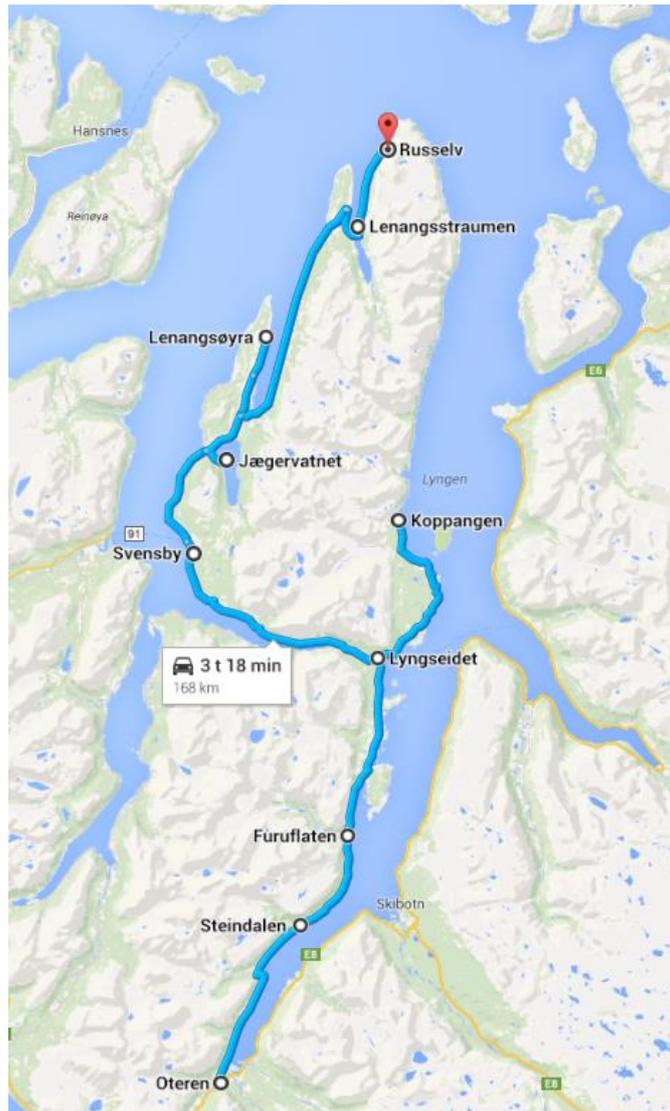
There is a road, which leads around the peninsula (follow the sign in Djupvik to the left into direction of Spåkenes). There is not much traffic on this road and hence is inviting for short walks. Furthermore there is a farm the Slottet Gård that sells dried and smoked fish. Driving along the road you will see a small sign that directs to a small hut and viewpoint. Here you can overlook the sea and the tidal flat to watch different kinds of birds.



Spåkenes with the Lyngen Alps in the background

From Oteren to Lyngseidet, Koppangen, Svensby and Nord-Lenangen

Presenting the Western side of the Lyngenfjord region.



Driving from Oteren to Lyngseidet will take around 45 minutes, depending on the amount of photo-stops. You will drive 42 kilometers on a windy road along the Lyngenfjord and through many small villages. Numerous small parking lots invite to short breaks and to take pictures of the breathtaking scenery. A big part of the mountain area on the Lyngen peninsula is part of the Lyngen Alps Landscape Protected Area.

The Lyngen Alps Landscape Protected Area

In February 2004 the government established the Lyngen Alps landscape protected area: Lyngsalpan landskapsvernområde/Ittugáissáid suodjemeahcci.

The protected area is 921, 2 km² and includes parts of the municipalities of Lyngen, Storfjord, Tromsø and Balsfjord.

The area has great glaciological and quaternary value. The area is well suited for studying glaciers and the remains of former glacial advancement. The area contains about 140 glaciers.

The Lyngen Alps are composed mostly of gabbro. This is a hard and resistant type of rock and is responsible for the alpine-like nature of the mountains. There are more than 50 peaks higher than 1300 meters. The mountain massif is cut through by narrow valleys

You can roam freely on foot in the protected area, but have this in consideration:

- All plant and animal life is protected. You may however pick berries and mushrooms. Hunting and fishing is also permitted with the reference to regulations.
- Behave carefully so that you neither do any harm to nature or cultural values, nor disturb wildlife.
- Remove traces of your camping site and any litter. Carry out what you carry in.
- Campfires are forbidden April 15th – September 15th
- There are grazing animals in the area in the summer time. Close gates and keep your dog on a leash.

Elvevoll

Ca 10 km from Oteren you will reach the village Elvevoll. From the parking lot at Vestersiasenteret (signed Lyngsalpene from the road) you can enjoy several different hikes. Recommended is the walk to the lakes Dalvatnan, family friendly.

Steindalen

It is a 16 kilometer drive to the village of Steindalen (N69°22'16.1 E20°02'19.3). Here you can hike up the valley of Steindalen on a well-marked path and after 3 hours, you will reach the glacier. You can walk to a certain degree on the glacier since it is rather flat and does not have glacier gulches. Experienced glacier hikers can of course continue further up if they have the right equipment. During the summer a café will be open at **IMA Tursenter**.

Accommodation:

- IMA Tursenter: Phone +47 901 95 865, Cabins Internett: www.ima-tursenter.no

Rasteby

After another 4 kilometers, you will come to Rasteby (N69°23'35.8 E20°07'30.9). In Rasteby, you can see a newly renovated „Nothjell“. This is an old “building” where formerly fishing nets have been hung up to dry.

Furuflaten

Furuflaten will be the next stop after a 5 kilometer drive. Here you find a small shop that is open Monday to Saturday from 9.00 – 16.30.

Furuflaten is known as an industrial village.

It is also a good starting point for hikes into the Lyngsvalley, signs are put up just before the bridge.

Ørnes

500 meters after passing through the Pollfjelltunnel you can turn right towards the fjord and Ørnes. (not signed) Drive along the gravel road for ca 3km, almost at the end of the road is a parking by the sea and you can follow the shore out to a small lighthouse, from here you can continue on the path to Sieddihytta, an open cabin, where you can relax before heading back to your car. The whole trip from the parking to the cabin is approx. 3 km.

Accommodation:

- Solvik Gård/Fablab, Phone: +47 918 52 232, Cabins

Activities

- Solvik Gård, Phone: +47 916 07 707, Riding
- Tour in Lyngenalps, Phone: +47 917 35 497, a range of activities summer and winter (most takes place in Svensby) www.tourinlyngenalps.no

Lyngseidet

Lyngseidet is the center of the Lyngen region.



View of Lyngseidet Foto: Jan R. Olsen

Here our tourist information, which is open Monday to Friday from 9.00 to 16.30, is situated. You are more than welcome to stop by! We can assist you with questions or tour proposals. Further, you will find maps, books, postcards, stamps and locally produced souvenirs.

In Lyngseidet there is a Coop supermarket open Monday to Saturday from 07.00 till 23.00. Furthermore, you can find a sports- and electricity shop, a clothes shop, a gas station, building market, library and a bar & disco. From the sportsshop it is possible to rent bikes or skiing equipment.

The ferry to Olderdalen leaves from here too. Further down, you can find the timetable with departures or check www.bjorklid.no.

Here you find different types of accommodation:

- Magic Mountain Lodge: Phone: +47 473 42 091, Hotel and Hostel, www.magicmountainlodge.no
- Sørheim Brygge: Phone: +47 41 20 14 80, Cabins & Apartments directly situated at the seaside, www.sorheim-brygge.no
 - Here you also find the local pub Skibsbroen: <https://www.facebook.com/skibsbroen/?fref=ts>
- Johnsen Gården: Phone +47 928 56 221, Apartments

Holiday houses in the Lyngseidet area:

- Lyngen Home, Strandveien 109, Phone: +47 917 83 778, www.lyngen-home.com
- Kjelkebakken Gård, ca 3 km fra Lyngseidet towards Svensby, Phone: +47 480 56 134
- Lyngen View, Strandveien 50, www.lyngenview.com
- Lyngen Apartments, Strandveien 33, Phone: +47 981 00 060

Guided mountain trips

- LyngenGuide Mikal Nerberg, +47 922 39 880, www.lyngenguide.no

Hiking: You can find various possibilities for hiking depending on your interest, physical condition and shape. Besides some easy routes, there are also hikes that go over thousand meters up into the mountains. Welcome to our tourist information where we can assist you to find a suitable trip and give you the necessary information. Further, you can get maps and current information regarding the weather.

A popular trip in Lyngseidet is to hike or ski to the *Skihytta*. Passing the Tourist information through the town towards Goalsevarre/Kavringtinden. After hiking/skiing around 3,5 kilometers, you will reach this cabin which is located directly above the treeline and offers a great view over the Lyngenfjord. Follow the signs “Skihytta” from the library.

- Coop: Mon-Sat: 07.00 – 23.00; you can find an ATM here
- Tourist Information: Mon - Fri 09.00 - 16.30

Ferry timetable Lyngseidet – Olderdalen

FROM LYNNGSEIDET			
MO-TH	FR	SA	SU
07.20	07.20		
08.10B	08.10B		
09.10	09.10	09.10	09.10A
10.00B	10.00B	10.00B	10.00B
10.55	10.55	10.55	10.55
11.40B	11.40B	11.40B	11.40B
12.40	12.40	12.40	12.40
13.20B	13.20B	13.20B	13.20B
14.15	14.15	14.15	14.15
15.00B	15.00B	15.00B	15.00B
15.55	15.55	15.55	15.55
16.45B	16.45B	16.45B	16.45B
17.45	17.45	17.45	17.45
18.30B	18.30B	18.30B	18.30B
19.25	19.25	19.25	19.25
21.20	21.20		21.20

A trip to Koppangen

Take a detour to Koppangen, which is situated on the last part of the Lyngenfjord. We kindly ask you to drive carefully since the road is a little bumpy ;).

After a 17-kilometer drive, you will reach the small fishing village Koppangen. You can rent one of the small typical "Rorbuer"-cabins at **Koppangen Brygger**.

During the whole trip, you can stop, take a lunch on the beach or fish as well as take a short trip into the mountains.

About halfway to Koppangen you will pass the area Årøybukt. Opening may 2016, is the world's northernmost Whiskey distillery. Here you can visit the distillery, take a guide trip in the NATO bunker or simply enjoy the views.

Accommodation:

- Koppangen Brygge, Phone: +47 924 78 555, Cabins/Rorbuer, www.koppangembrygger.no
- Astrid's Guesthouse (holiday house) in Årøybukt Phone: +47 920 38 575 (only winterseason)
- Årøybukt Guesthouse (apartment) Phone +47 920 38 575
- Take Me Away (holiday house) close to Årøybukt

Activities:

- Lyngen Resort (www.lyngen.com):
 - Aurora Spirit – the northern most distillery in the world
 - NATO experience, Cold war
 - Jacuzzi, bathing in the arctic
 - RIB – boat trips under the Lyngen AlpsOpen Mon – Sun 10.00 – 18.00 (opens may 2016)

Svensby

The distance from Lyngseidet to Svensby is 21 kilometers. A campground, cabins and the local Svensby culture Café is located here. The Café is open Wednesday - Friday 15.00 till 19.00 and Saturday - Sunday 12.00 till 19.00. Try the homemade ice-cream which is made with self-picked, local berries.

Hiking: If you turn to the right on the road to the campground and continue up the hill, you will arrive at a parking lot. From here there is 3,8 kilometers to the Trollhytta, an open cabin for skiers and hikers. For a nice view, take the hike up to Barheia.



Furthermore, you can find a small museum in the old Sami farm "**Gamslett Gård**", next to the sea. The museum is mainly open in the summer.

<http://www.visit-lyngenfjord.com/en/museums/?News=34>

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From Svensby, you can take the ferry to Breivikeidet. The ferry takes about 20 minutes and after another 45 kilometers drive you arrive in Tromsø.

- Lyngen Culture Café: Wed-Fri: 15.00 – 19.00, Fri-Sun: 12.00 – 19.00
- Svensby Tursenter: Cabins and Camping, Phone: +47 917 09 936, www.svensbytursenter.com
 - Also possible to rent bikes or join a guided biketrip in the mountains
- Solheim Gård: Farmholidays, Phone: +47 995 43 097
- Ferry towards Tromsø: <http://www.bjorklid.no/>

Ferry timetable from Svensby to Breivikeidet

FROM SVENSBY			
MO - TH	FR	SA	SU
06.00	06.00		
06.55	06.55		
07.45	07.45	07.45	
08.35	08.35	08.35	08.35A
09.30	09.30	09.30	09.30
10.25	10.25	10.25B	10.25B
11.15	11.15	11.15	11.15
13.00	13.00	13.00	13.00
13.50A	13.50A	13.50B	13.50A
14.40	14.40	14.40	14.40
15.30	15.30	15.30B	15.30
16.20	16.20	16.20	16.20
17.15	17.15	17.15B	17.15
18.05	18.05	18.05	18.05
18.55B	18.55B	18.55B	18.55
19.45	19.45	19.45	19.45
20.40	20.40	20.40A	20.40
21.40	21.40		21.40

Jægervatnet

11 kilometers from Svensby, you will arrive at Jægervatnet, a big lake. Here you find a parking lot which is a good starting point to take a tour around the deep blue glacier lake or if you have, a trip in a canoe or kayak. Sitting on the side of the lake gives you the possibility to see the Midnight sun between middle of May to middle of July. Just a few kilometers further, you find another parking lot. From here, you can do different hiking tours-for example 4 kilometers hike to the Jægervasscabin or a 3,1 kilometers hike to the Jægervatnet leirskole (Leirskole – Youth Hostel).

Accommodation:

- Lyngen Mountain Holidays, Holiday house & Guiding, Phone: +47 464 68 267, <http://lyngnountainholidays.com/>



Foto: Marte Kopperud visitnorway.com

Lenangsøyra

In Lenangsøyra, 11 kilometers from Jægervatnet, a Shrimp factory situated. This factory delivers shrimps all over Scandinavia and the shrimps are especially popular in Sweden. But here, in Lenangsøyra, you can buy them fresh and almost right from the sea.

Right next to the factory is a small grocery shop Joker and a gas station. Both are open Monday to Friday from 09.00 - 17.00 and Saturdays from 10.00 - 15.00.

Tip: A walk along the sea to “Trollene på Styrmannstø”, amazing rock formations, is recommended. Drive to the end of the road in Lenangsøyra, park the car and follow the path along the shore to the lighthouse. It is best to walk when it is low tide. (69,83964°N 19,98667°Ø). Make sure the car doesn't hinder the local bus to turn around.

Accommodation:

- Lenangen Brygger, Cabins & Boat rental, Phone: +47 913 95 123

Café:

- Ragnhildas: open Thursday afternoons and Saturdays - <https://www.facebook.com/Ragnhildas-1578897872395369/?fref=ts>

Sør-Lenangsbotn

Instead of driving towards Lenangsøyra you can turn right towards “Lenangen”. Just after the turn on the right hand side you can park the car at a parking lot, which is a great starting point for the hike to the glacier lake “Blåvatnet” a marked trail of 4 km. Toilets and fireplace for barbeque by the parking.

Nord-Lenangen

In Nord-Lenangen, you find a small grocery shop Joker that is open weekdays from 09.00 till 20.00 and on Saturdays from 09.00 till 15.00. The shop is also a gas station and post office. From Nord-Lenangen it is a 34 kilometers drive to Svensby.

Accommodation/Activity:

- Green Gold of Norway (winter and northern lights experience), +47 928 09 057, www.greengoldofnorway.com

Lenangsstraumen

It is 2,8 kilometer from Nord-Lenangen to Lenangsstraumen. Here you can take a bite of local food in Hansens Gatekjøkken (N69°53'29.3 E20°10'45.7). Open Wednesday and Thursday from 18.00 till 22.00 and Friday till Sunday from 18.00 till 23.00. Just below the Gatekjøkken, is **Lyngen Havfiske & Tursenter**, here you can rent rorbuer and boats. Additionally, they offer guided hiking trips and other forms of activities. These require pre-booking.

Just a little further along the way, you find another option for overnight stay at the **Lyngen Fjordcamp**.



Lyngstuva

If you continue the last 7 kilometers to the end of the road, you will reach Russelv. From here, a 3-kilometer long path leads you to **Lyngstuva**, a small lighthouse on the northern tip of the peninsula. You will have an amazing view over the surrounding islands and if you are there between middle of May to middle of July, this place offers the best view of the midnight sun in the whole area. You can do several hiking trips from here, but we do recommend buying a map.

Accommodation:

- Lyngen Havfiske og Tursenter: Rorbuer & Apartments, Phone: +47 94 05 59 93, www.lyngenhavfiske.no
- Lyngen Fjordcamp: Phone: +47 971 65 210, www.lyngenfjordcamp.com

For Further information about the region, check out: www.visit-lyngenfjord.com. You can also find information about ongoing activities there. Please contact us if you have further questions:

Email: post@visit-lyngenfjord.com

Phone number: +47 77 21 08 50

Best Regards from Lyngenfjord,

Your

Visit Lyngenfjord Team