## THE NUTS AND BOLTS

Is canyoning for me?
If you are an active person and you are ready to have fun, to be amazed, and to be challenged, then canyoning is for you! On most trips you don't need any previous canyoning experience. However, canyoning is a physically demanding activity, it involves walking on slippery and uneven surfaces, submersion in water, and exposure to heights. Participants need to be reasonably fit (equivalent to a full day of hiking or skiing). The more advanced trips require good fitness and a strong sense of adventure.

#### Will I be safe?

Keeping you safe is our highest priority, with having fun as a close second. Our plans and procedures are regularly audited by an external independent outdoor safety audit programme. Our highly qualified and experienced guides participate in ongoing rigorous in-house training.

# Why should I go canyoning with Abel Tasman Canyons? • We take you to a part of the Abel Tasman National Park that

- only few people get to see
- Our canvons are awesome
- We have high quality gear to keep you safe and warm
- Our guides are crazy (about canyoning) and want to share their passion with you
- We start and finish our canyoning trip on a golden sand beach
  Our mode of transport to get you to and from the canyon is
- · Delicious lunch, snacks, and drinks are included
- We provide FREE PHOTOS AND VIDEOS

### What do I need to bring?

Swimwear, towel, a pair of shoes that you don't mind getting wet, active clothes for the approach walk, and a warm top for the water taxi ride. We will take care of the rest.

# When can I go? 1 October - 30 April

#### What else?

For more information about group bookings, staff parties, multi-trip discounts, combo options, or children please get in touch. Abel Tasman Canyons reserves the right to cancel a trip due to client unsuitability or weather conditions. Times on the reverse are indications only. Prices are subject to change.



Want to learn more about canyoning? We offer courses to recreational canyoners and professional canyoning guides at all levels.

www.nzcanyoningschool.com



WWW.ABELTASMANCANYONS.CO.NZ



## TORRENT RIVER

Hands down our most popular adventure for all levels. Mother Nature created her masterpiece by sculpting this perfect canyon full of stunning waterfalls and crystal clear pools making for great jumps, slides, abseils, and ziplines. All this exciting stuff takes place in a gorgeous granite canyon filled with some of the purest water you will ever find and wrapped in mind-blowing, unspoiled native forest. Add to this an exhilarating water taxi ride along the world-famous Abel Tasman coastline and a landing on the picture perfect golden beach of Anchorage and you can see why this trip is so popular.

Meet: Agua Taxi base in Marahau

**Duration:** Full day

Free pick up: Motueka, Kaiteriteri, Marahau

Included: Two way water taxi ride | Lunch, snacks &

drinks | Free photos & videos

Minimum age: 12

EXPEDITION STYLE



# **WATERFALL CREEK**

This is more than just canyoning. This is our truly remote canyoning expedition. Everything about this trip is massive; the walk in, the trees in the native forest, the features in the canyon, the amount of food we bring for you, the walk out, and the smile on your face at the end of the day. If massive canyoning features in a remote setting is your idea of adventure, then Waterfall Creek is the trip for you. BE WARNED: This might be the most challenging activity you will do in New Zealand. Previous canyoning experience and an excellent level of fitness is required.

Meet:6am MotuekaReturn:± 6pm Motueka

Free pick up: Motueka, Kaiteriteri, Marahau, Takaka, Pohara Included: Lunch, drinks & heaps of snacks to keep you

going | Free photos & videos

Minimum age: 1



