



The MTM  
**SUPERHERO  
FACTORY**  
play · train · transform

**SuperHero Factory Bali**  
No., Jl. Sri Rama No.8,  
Kabupaten Badung, Bali 80361

www.shfbali.com | info@shfbali.com | +62817432254

# ARE YOU

- \* Visiting or based in Bali?
- \* Searching for new, interactive, group experiences?
- \* Wanting to add novelty and fun to teambuilding?
- \* Wanting somewhere you can challenge and cheer each other on?
- \* Looking to bring people closer together as a team?
- \* After something positive, rewarding and motivational?

Voted Top 10 things to do in Bali 2016 by




100% 5 star rating on GOOGLE reviews




## WHAT PEOPLE ARE SAYING ABOUT US


Real reviews. Real people.

- 


**maynard ewt**  
6 months ago

★★★★★ Great exercise for dad and the kids !  
Lots of variety. We'll be back soon. Thanks
- 


**Alexandre Mouton**  
9 months ago

★★★★★ The price was great and the place was awesome
- 


**Adrien Be**  
a year ago

★★★★★ One of the most fun activity in Bali. I especially liked the linked made between physical and psychological obstacles. Not only you will laugh, sweat and jump. You will also reflect on life challenges and intimate goals you never dared to try to achieve. Just go :)
- 


**Oliver Rivers**  
6 months ago

★★★★★ If your looking for something to do for yourself or with your children this is the place to go. The coaches are amazing and will challenge you both physical and mentally. 2nd time there and I already bought a family membership.
- 


**Анастасия Сухих**  
6 months ago

★★★★★ We had an amazing experience at Super Hero Factory! The place is well equipped everything is very safe, besides all classes are supervised by qualified trainers. Definitely will be coming back again!
- 

**Subar Rai**  
a month ago

★★★★★ I had good fun and at the same time learnt lots of new moves/skills, like how I manage to land my first front flip and back flip. It was great exercise too, I was really tired after being there for about four hours. Can't wait to go again and do more flips and moves. Nishal Rai.
- 

**Taryn Weggelaar** reviewed SuperHero Factory Bali – 5★  
30 November 2015 · 📍

Absolutely awesome place! Way too much fun, felt so amazing and was shocked at what I COULD do when I put my mind to it! Thanks so much Tareq, hope you open a place in Western Australia!!
- 

**Rach Taylor** reviewed SuperHero Factory Bali – 5★  
28 August 2015 · 📍

Took a group of 8 people (4 kids 4 adults) to SHF for a 2hr session today at SHF Bali. It was epic. We all walked away buzzing and inspired, and haven't stopped talking about it since. Pushed mental and physical limits in a seriously fun environment, progressively pushing our boundaries. Tariq is awesome, a very positive coach and mentor... He gives the whole place a very special atmosphere
- "Parkour Gym in Bali"**  
★★★★★ Apr 22, 2016 | Reviewed by ChristinaRose63

Highlight of my 17 year old sons Bali trip! A really cool gym for all ages. Perhaps aimed for the local crowd, my son made great friends that he is still in touch with. A really great inter-cultural experience.
- "Love this place!!"**  
★★★★★ Aug 13, 2016 | Reviewed by Jock-Jeanette A

We have 10 yr old twins & a 13yr old. They absolutely loved this place! The instructors were incredible and so good with the kids! They even helped teach & play with them when it was open gym & not class. We did the week membership & would highly recommend going. Wish this place was back home!
- "We ♥ SuperHero Factory!"**  
★★★★★ 3 weeks ago | Reviewed by BirdhouseSydney

This was the second year in a row that we have visited Tah Riq and his team for a personalized morning of training and life-learnings at the SuperHero Factory. We absolutely love it. We visited today with 5 adults and 4 kids aged 6-9yo (3 boys and 1 girl). Everyone participates and everyone is gently pushed to their mental or...



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The SHF is a very unique, interactive gym that is built to look like a playground - from climbing walls to a sponge pit to padded blocks, a jungle gym of bars, infatable flooring and AirBlox, brick, crashmats, a leap of faith and more.

It has been specifically designed for groups of adults to learn to overcome their mental blocks and life challenges by interacting with and overcoming physical obstacles in highly engaging and enjoyable workshops. It's also suitable for families.



## We are inclusive to *all*, not exclusive to *some*.

The SHF was meticulously thought out and designed by talented movement practitioners. The beauty of the layout is that it offers an almost limitless scope for scalability and creativity. Complete beginners will get lots of joy balancing on low bars and rolling on soft ground, learning animal movement and basic flow while advanced movers can try harder parkour techniques, bar swings, flips, acrobatics, big jumps, vaults, climbs and lines.





## So, who is the SuperHero Factory for?

- Women's retreats
- Yoga groups
- Ninja Warrior groups
- Crossfitters
- Dance/Improv parties
- Birthday/Event parties
- Adventure/Experience groups
- Stunt and Acrobatic groups
- Parkour groups
- Teambuilding groups
- Actor/Film preparation
- School trips and groups

## How does the pricing work? Per group:

<10 pax	10-15 pax	15-25 pax
2 mill IDR	3 mill IDR	4 mill IDR

## What does a booking include?

- Each booking lasts 2 hours and full use of all facilities.
- You drop and pick up the group, we do the rest.
- Bookings are professionally lead and instructed.
- Bookings include unlimited free refills on water.
- Bookings can be done at the time of your choosing.
- Activities are tailored to the skill level and group type.





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## Are there commissions for resellers?

Yes! We are happy to offer a **15% commission** per group, for companies looking to work with us regularly, provided that your company is not the same one coming for the experience.

## Can you do a workshop at our villa/retreat space?

Yes! We now offer a new signature experience called:

# Animal Movement

*A feel-good start to any morning that will have you looking at movement from a whole new angle!*



## Rice fields - Beach - Yoga Pavilion - Studio - Grass

Animal Movement is a 90 min human movement experience for groups that can be done on any large, flat surface with groups of any size. It is suitable for all ages and skill levels as it only uses pure bodyweight to create resistance. Have mats or features in the environment that can be used as obstacles? Even better!

### During the session you will learn:

- A full **REIMAGINING** of the way you move and a deeper understanding of how you were designed to move
- How to **BALANCE** with your body instead of just your eyes
- Fun, **COORDINATION** challenges
- Dynamic and unique full-body **STRETCHES**
- How to move like a **MONKEY**, cat, bear and alligator and benefits of each for your body
- How to roll in different directions, **BREAK-FALL** and safely avoid injury
- How to jump using the whole body and safely **ABSORB IMPACT**
- How to move for **STEALTH** and silence
- Simple, practical exercises you can do at **HOME** that are sure to make you move better





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## Do you offer special rates for schools?

Absolutely! Now you can book students for a full term! Perfect for alternative PE classes as well as afterschool activities.

Our educational price is a very low **1 mill per student, per 6 week term.**

This includes 1 taught session of up to 2 hours per week. Minimum group number 8 students.

## Do you do kids bookings, birthdays and families?

Yes we do and we have become quite a destination for hotels and villas to recommend to their guests. Choose to simply drop in to the action by checking out our schedule here:

[www.shfbali.com/schedule](http://www.shfbali.com/schedule) or reserve the venue for your own group booking.



**LEAP. FLIP. FLY. SWING!**



**SUPERHERO FACTORY**

**KIDS/FAMILY  
GROUPS**

Booking lasts 2 hours  
and can be arranged for  
any time. Kids and adults  
are all welcome.

**starts 3mill  
for up to 15  
participants!**

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**MAP**



McD  
JL DEWI SRI  
SUNSET ROAD  
HAMMERHEAD GYM  
JL NAKULA  
RIVER  
BLUE BUILDING  
SUPERHERO FACTORY  
200 m

Let's get this **party started!**

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