

## Thanks for taking the time to find out about us.

Bike and Hike Limited is a family owned business, we have lived in West Auckland since 1987 and we are all keen mountain bikers and hikers with a great love of the outdoors. We run day trips where we show you some of the best sights by bike or hike and also offer sightseeing trips for those of you that would prefer a more relaxing day. We operate within a radius of one and a half hours driving time from Auckland CBD. We can pick you up from your accommodation or designated pick up points within Auckland CBD.

We cater for just about everyone, so if you are an experienced outdoor group or a family group who would like to see the beautiful New Zealand scenery we will ensure you get the best experience possible that suits your needs.

### We can take you:

Biking.  
Hiking.  
Sightseeing.  
Pick up and drop off service for The Hillary Trail.  
Please call 021 420 694 if you would like a customised Tour.

### What to bring along and recommended clothing items:

We supply all transport, safety helmets and bikes for cycling tours. Our bikes are fitted with a standard water bottle cage to hold your personal water bottle. In regards to clothing, thin layers are best so you can take layers on and off if you need to along the way. For your upper body we advise moisture wicking T-shirts which are recommended over cotton products, loose fitting shorts and closed in shoes with a good tread. We advise carrying such items as sunscreen, a light raincoat, water, personal medication and money for cafe and gallery visits in a small day back pack. (Day packs are provided on request) Please visit our website for further information: [www.bikeandhike.co.nz](http://www.bikeandhike.co.nz)

All of our tours allow time for a Cafe lunch stop and a visit to one of the many souvenir shops in the region where you can browse locally made products. We offer 3 tours which you can read about over the page. Please contact us if you are interested in a customised tour or if you would like any further information about The Hillary Trail drop off service.

All advertised prices are in New Zealand Dollars and are inclusive of tax. Prices are subject to change from time of publishing.

To make a BOOKING visit our website:  
[www.bikeandhike.co.nz](http://www.bikeandhike.co.nz) or Call 021 420 694



<https://www.facebook.com/bikeandhike.co.nz>

Come and join us for a great day out!



Bike and Hike Limited  
PO Box 60583  
Titirangi Auckland 0642  
M: 021 420 694  
E: [info@bikeandhike.co.nz](mailto:info@bikeandhike.co.nz)



Phone - 021 420 694

# BIKE AND HIKE

## BIKING, HIKING & SIGHTSEEING TOURS



## AUCKLAND'S GUIDED ADVENTURE TOURS

[www.bikeandhike.co.nz](http://www.bikeandhike.co.nz)



# TOUR 1

# TOUR 2

# TOUR 3

## Waitakere Rain Forest and West Coast Beaches - (Biking and Hiking activity)

Travel to Auckland's West Coast, approx 40 mins from downtown Auckland and enjoy a single track mountain bike ride through the magical Waitakere Rain Forest. Visit panoramic waterfalls and panoramic lookouts on the way to wild and rugged black sand beaches.

Highlights include:

Optional stop off in picturesque Titirangi Village, gateway to the Waitakere Ranges.

Single track cycling through the Waitakere Ranges to the interactive Arataki Visitor Centre.

Enjoy stunning views of the Manukau and Waitemata Harbours.

Mercer Bay lookout. (A highlight of The Hillary Trail).

A scenic drive to Piha beach where we hike through the bush to view amazing waterfalls, approx 70 mins return.

Visit a local arts/souvenir shop and enjoy a Cafe stop by the beach. (Free coffee on us)



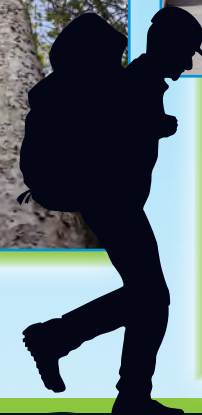
## \$110

Pick up at  
9-9.30am.  
Drop off at  
4.30pm.



## \$99

Pick up at  
9-9.30am.  
Drop off at  
4.00pm.



## West Coast Sightseeing - (Hiking and Sightseeing activity)

Join us on a sightseeing tour to Auckland's West Coast, approx 40 mins drive from downtown Auckland, and explore the magical Waitakere Rain Forest's hidden gems including spectacular waterfalls and magnificent Kauri trees. You will also experience some spectacular lookouts and visit two black sand beaches. This tour is designed for visitor's who would prefer a more relaxing day out.

Highlights include:

Stop off in picturesque Titirangi Village, gateway to the Waitakere Ranges, and visit to Te Uru Art Gallery.

Visit the interactive Arataki Visitor Centre.

Walk to some amazing waterfalls.

Visit some breathtaking scenic lookouts.

Visit two of our famous West Coast beaches Karekare and Piha.

Visit a local art gallery and enjoy a Cafe stop by the beach. (Free coffee on us)

## Hauraki Rail Trail - (Biking and sightseeing activity)

We begin the day by travelling approximately 90 minutes to Paeroa where we join the Hauraki Rail Trail network. We then cycle to Waikino passing through the awe inspiring Karangahake Gorge along the way.

Highlights include:

Visit Paeroa - famous for the locally made soft drink Lemon & Paeroa.

Cycle along the Hauraki Rail Trail.

Karangahake Gorge sightseeing including the famous Windows walk.

Cycle through the old railway tunnel, (1km in length).

Visit the historic Victoria Battery where they used to stamp the gold.

Stop for lunch at Waikino Station Cafe. (Free coffee on us)



## \$125

Pick up at  
8.30am.  
Drop off at  
5.00pm.



For more information or to make a booking visit our website [www.bikeandhike.co.nz](http://www.bikeandhike.co.nz) or Phone 021 420 694