

Experience

The A.R.E.



Free Activities:

Daily

Edgar Cayce Legacy Film 2-2:30 p.m. & On-Demand

Guided Tour 2:30-3:30 p.m.

See the couch Cayce used while giving readings!

Survey Lecture 3:30-4:30 p.m.

Dreams, holistic health, intuition, meditation,
and more. For daily topic call 757-428-3588

Monday-Friday

Staff-Led Meditation 12-12:30 p.m.

Wednesday

Glad Helpers Healing Prayer Group 9:30 a.m.-Noon

Meditate and pray for individuals requesting prayer.

Sunday

Guided Meditation on CD 12:30-1 p.m.

Saturday & Sunday

ESP Testing and Demonstration 1-2 p.m.

All activities are open to the public

Visit Us Today

Visitor Center, Bookstore, and Library Hours:

Mon-Sat: 10 a.m. - 5 p.m.

Sun: Noon - 5 p.m.

A.R.E. Health Center and Spa Hours

Mon-Sat: 10 a.m. - 7 p.m.

Sun: Noon - 7 p.m.

Leaping Lizard Cafe

see EdgarCayce.org/cafe for hours



Visit EdgarCayce.org/activity
for a full calendar of events.

International Headquarters

founded by
Edgar Cayce



Edgar Cayce's Association for
Research and Enlightenment
(A.R.E.)

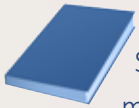


Virginia Beach, VA

215 67th Street, Virginia Beach, VA, 23451
800-333-4499 (U.S./Canada) | 757-428-3588
EdgarCayce.org | are@edgarcayce.org

 \$10 off one- hour massage <small>May not be combined with other discounts. Expires 12/31/17</small>	A.R.E. Bookstore and Gift Shop 10% off any one item <small>Expires 12/31/17</small>	 \$15 off Weekend Workshop 757-457-7134 <small>May not be combined with other discounts. Expires 12/31/17</small>
Edgar Cayce's A.R.E. Visitor Center Present Coupon for a FREE GIFT <small>Limit one per person. Expires 12/31/17</small>		

Mind



Stop by the **A.R.E. Library**, which houses more than 65,000 books on topics ranging from yoga to metaphysics and everything in between. The **A.R.E. Bookstore & Gift Shop** offers metaphysical books, crystals and gems, Cayce Care™ remedies, jewelry, and more. Learn during our **A.R.E. Conferences** featuring world-renowned presenters. And, explore the A.R.E. campus to find the **Cayce/Reilly School of Massage** and **Atlantic University**.

Body



Relax and rejuvenate at the **A.R.E. Health Center & Spa**. Enjoy ocean view rooms for massage and other holistic therapies. The A.R.E. Health Center & Spa focuses on body-mind-spirit care that supports your body's innate healing abilities. Be sure to check out our **Reflexology Walk** and visit the **Leaping Lizard Café** for lunch—vegetarian and gluten free options are available!

Spirit



Sit quietly in our Meditation Room and look out at the beautiful view of the Atlantic Ocean, or reflect in the quiet Meditation Garden with the secret bamboo grove. Take a stroll along the stone labyrinth and enter a deep meditative state with every turn. Also, visit the A.R.E. Health Center & Spa for a session in spiritual counseling, dream work, or hypnotherapy.

Calling Virginia Beach “home” since 1931

Each year, the A.R.E. welcomes tens of thousands of visitors through its doors. Vacationers, scholars, researchers, health care professionals, and students all come to explore the Cayce legacy.

[Learn More at EdgarCayce.org](http://EdgarCayce.org)



A Spiritual Oasis Rich in History . . .



Who Was Edgar Cayce?

Edgar Cayce has been called the “sleeping prophet,” and the “father of holistic medicine,” and is the most-documented psychic of the 20th century. Throughout his life, Cayce gave psychic “readings” to thousands of individuals nationwide while in an unconscious state, diagnosing illnesses, revealing past lives, and prophesizing events yet to come. These readings are stored in the vault of the **Edgar Cayce Foundation**, the organization's historical archives, transcripts are available in the Library, and on an online database available to all A.R.E. members.

What is the Association for Research and Enlightenment, Inc. (A.R.E.)?

The A.R.E. is the nonprofit organization founded in 1931 by Edgar Cayce to promote the purposefulness of life, the oneness of God, the spiritual nature of humankind, and the connection of body, mind, and spirit through research, education, and application of core concepts found in the Cayce readings.

