





# cumberland star riverboat



**C**ruise through unspoiled forests punctuated with massive boulders and towering cliff-lines. Blue Herons, hawks, ospreys, and the occasional eagle soar overhead. Sit back, relax, and enjoy the scenery!



**Rollin' on the River!!**

**Ages 13+: \$25**  
**Ages 6-12: \$18**  
**Ages 5 and under: Free**

**All age groups**

**Mid-May through  
end of October**

**Reservations required.**

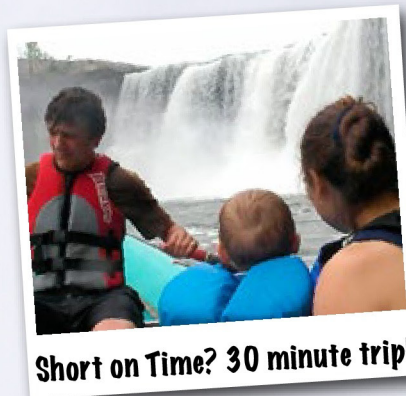
## Features

- 2 - 2½ hour cruise
- lunch provided
- partially wheelchair accessible
- meets up with Cumberland rafting (p. 4-5)
- departs from Mouth of the Laurel Boat Ramp

### FAQ: Does the riverboat go up to Cumberland Falls?

No, but the Rainbow Mist (p. 3) ride does! The Falls can be viewed from any of the overlooks, but the \*best\* way to see the Falls is from the bottom!

# rainbow mist ride



**Short on Time? 30 minute trip!**

**Advance reservations optional.**  
**Limited availability.**

**Wednesday through Sunday**  
**Mid-June through Labor Day**

**No Age Restrictions.**

**P**ostcards and pictures can't capture the experience of viewing Cumberland Falls from the bottom. Feel the power of the Falls as it thunders above you. Your guide paddles you from the beach below Cumberland Falls up into the mist, and then back again. Sign ups may be made the day of the trip at the Rainbow Mist gazebo at Cumberland Falls State Resort Park.

**\$18/person (ages 13 and up)**  
**\$15/person (ages 6 through 12)**  
**\$9/person (ages 5 and under)**

### FAQ: Do we have to take the Rainbow Mist trip to see the Moonbow?

The Rainbow Mist trip runs in the daytime, and the Moonbow is visible on a full moon night. To see the Moonbow, simply stand at one of the overlooks at the falls after the moon rises over the trees.



# summer rafting



## Summer Family/Beginner

Mid-May  
through  
October

**Reservations  
required**



**Another happy rafter!**

**\$95/person (ages 13 and up) \$85/person (ages 6-12)**  
(all days except as below)

**\$99/person (ages 13 and up) \$89/person (ages 6-12)**  
(Saturdays from June 1 to August 31 and  
Sundays of Memorial Day, 4th of July and Labor Day week-ends)

### **FAQ: What happens if it's raining?**

We run all of our trips rain or shine – you are going to get wet anyway. We desperately wish we could control the weather for you, but sometimes it does rain. Just remember, without the rain, there would be no water in the river!

# cumberland below the falls

**T**his all-day adventure is ideal for family outings, beginners, and people who want to get wet in the heat of the summer. This fully guided trip meets at our main location and then puts-in just below Cumberland Falls. After a view of the falls (from the bottom!), the trip heads downstream, encountering Class III rapids with names like Center Rock, Pinball and Screaming Right Hand Turn. After five miles of rafting, you will board the Cumberland Star riverboat for a buffet lunch while cruising in style to the take-out.

**Minimum Age: 6**

**Minimum Weight:  
40 lbs.**



**Feeling Adventurous?**

**Take a duckie!**

### **FAQ: Will I get wet?**

You should plan on getting wet on all rafting, canoeing and kayaking trips, so plan accordingly. Even if your boat does not flip, you are likely to get splashed. In addition, the rafts are self-bailing, so your feet will be wet all day.



# big south fork

## The Gorge

**G**et in a full day of rafting on this 10.4 mile Class III/IV intermediate raft trip. Watch out for the BIG THREE -- Double Falls, Washing Machine and The Ell -- all Class IV rapids and all 100 yards from each other. Many more Class II/III rapids will "whet" your appetite (and your raft). After a river-side lunch, the trip continues through the Canyon section (see page 7).



# spring rafting



### FAQ: Do we need wetsuits?

Rafting in the Spring and Fall may call for wetsuits (\$10 rental), depending on the air and water temperature. Wetsuits are not appropriate on our summer rafting trips.

### Reservations required

**April  
through  
Mid-May  
near Oneida, TN**

#### Full-day Gorge:

**\$125/person**  
(minimum age: 13)

#### Half-day Canyon:

**\$85/person 13 and up**  
**\$75/person 7 to 12**  
(minimum age: 7)

## The Canyon

**T**his 1/2 day afternoon trip is a great introduction to whitewater rafting. You will scarcely find the time to admire the beauty of the canyon as you travel the first mile of nearly continuous Class III rapids. Things slow down a bit after that, but don't get too complacent; there are plenty of rapids to distract you from the scenery.

### FAQ: How many people fit in a raft?

For the Class III trips, including the summer rafting, we run 6 plus the guide. Class IV, we run 5 plus the guide.



# upper cumberland canoeing/kayaking

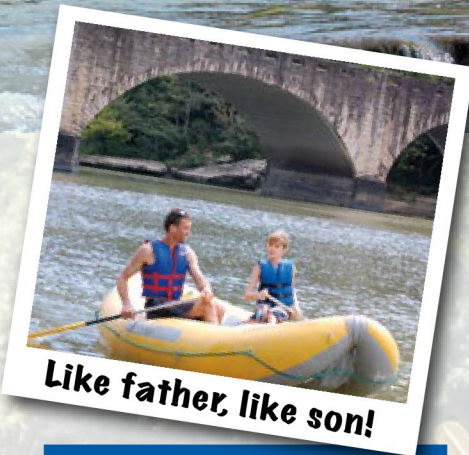


**U**pper Cumberland canoe trips run on the section of river above Cumberland Falls. These trips have moving water the whole way and are Class I-II. The take-out is about 1/4 mile above Cumberland Falls – a 68-foot waterfall (don't miss the take out--that last drop is a doozy!!)

Generally runnable in  
Spring and Early Summer

**Reservations  
required**

Age/Weight restrictions  
dependent on water levels



**Like father, like son!**

5-mile trip 1/2 day  
17-mile trip Full or Multiple day  
28-mile trip Multiple day

## Single Day Trips

\$32/person ages 13 and up  
\$27/person ages 6-12  
\$22/person ages 5 and under

Add \$10/person/day  
for multiple day trips

## FAQ: What boat options are available on the canoeing/kayaking trips?

In addition to canoes and tandem kayaks, we also offer solo and fishing kayaks (\$10 surcharge). Sport rafts are available for the Upper and Upper Upper Cumberland (single day only; min 4 people).

# upper upper cumberland canoeing/kayaking



**A** narrower section of the Cumberland, you paddle down the river nestled into the riverbank. Trees line the bank, overhanging into the river, providing alternating sunny and shady spots. Shallow shoals alternate with deep pools, providing places to swim and cool off.

**Reservations  
required**

Runnable at most  
water levels

All age groups

Patrick's Pt. (3 mile) 1/4 day  
Ballard Ford (5.5 miles) 1/2 day  
Croley Bend (8.5 miles) 1/2 to 3/4 day  
11 Mile 3/4 to full day

## Single Day Trips

\$32/person ages 13 and up  
\$27/person ages 6-12  
\$22/person ages 5 and under



**Paddle Your Children!**

## FAQ: Do you provide shuttle services if we have our own boat?

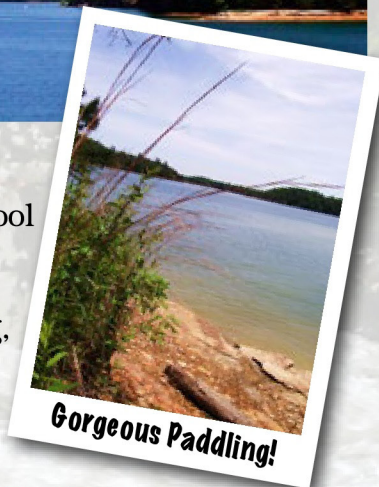
Yes!! We offer shuttle services on the various rivers that we run! Call for pricing or see the shuttles page at [www.ky-rafting.com](http://www.ky-rafting.com).



# laurel lake SUP rentals



**B**een wanting to try Stand Up Paddleboarding (**SUPs**)? With clear cool waters located just 20 minutes from our main location, Laurel Lake is the perfect place to go swimming, fishing, or just paddle around.



*Gorgeous Paddling!*

**Car Topping Only**  
**You Haul! Go on your schedule!**

**\$22/SUP for single day**  
**\$32/boat for**  
**other boat options**

**Price includes PFDs**  
**and paddles**

**Car topping means that**  
**you run on your**  
**schedule, not ours!**

## **FAQ: What about glasses/contacts?**

If you wear glasses, we strongly recommend glass straps. Contacts work for most people, but if you tend to lose them in the shower, go with your glasses and a glass strap instead.

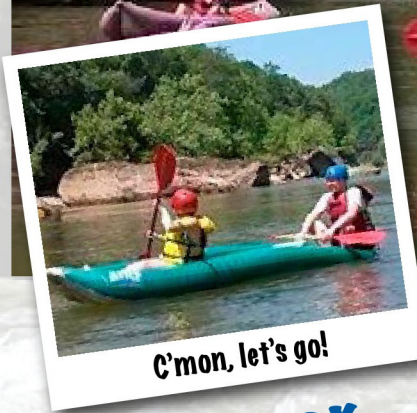
## **Other Boat Options**

- canoes
- recreational kayaks (solo or tandem)
- fishing kayaks (solo)

**All Ages**  
**Available**  
**Year-Round**



# big south fork duckie trips



*C'mon, let's go!*

**Summer**  
**Family /**  
**Beginner**

**June**  
**through**  
**Mid-August**

**B**ear Creek to Blue Heron is 5 miles of Class II rapids, culminating in the aptly named Class III Devil's Jump. Unguided duckie trips are a new and exciting way to experience this section!

**Bear Creek: \$55/person**  
**(solo or tandem)**

## **Reservations required**

**Minimum age: 12 for solo ducks**  
**8 for tandem duck (with adult)**

## **FAQ: Is it safe?**

No. Adventure activities have inherent risks that cannot be eliminated without changing its character. We do many things to try to mitigate these risks but we cannot eliminate them. We take safety seriously and we expect you to as well.



# lower big south fork canoeing/kayaking



**S**mall intimate river with high cliff lines and huge boulders. Great places to stop and picnic or explore. Sections can be combined for multi-day trips.



## Boat Options

- canoes
- recreational kayaks (solo or tandem)
- fishing kayaks (solo)

**Reservations  
required**

### Blue Heron to Yamacraw

4.8 miles 1/2 day

### Yamacraw to Alum Ford

7.4 miles 3/4 day

### Alum Ford to Hwy 927

11.5 miles Full day

Single Day Trips: \$37/person

Multiple Days: plus \$10/person/day

Solo Kayaks: plus \$10

Fishing Kayaks: plus \$10

Age/Weight restrictions  
dependent on section  
and water levels

### FAQ: Can we take our dog on canoe trips?

A qualified yes. You must provide a canine PFD (life jacket) for your dog. Shuttles are fairly long, so if anyone objects to the dog in the vehicle, it can't go. The more notice, the easier it is for us to check with other customers.

# big south fork rivers and rails



**T**his all-day adventure combines the Big South Fork Scenic Railway with the Blue Heron to Yamacraw canoe trip. Ride the 100 year old Kentucky and Tennessee Railway on an 8-mile trip full of spectacular vistas, lush vegetation and clear mountain streams as you descend 600 feet into the river gorge. You will have time to enjoy the Blue Heron interpretive area before embarking on a 5-mile canoe trip along the free-flowing Big South Fork river. Price includes admission to the McCreary Museum as well as lunch!

**Reservations  
required  
at least  
1 week  
in advance.**

**Runs Wed,  
Thurs, Fri  
Beginning  
of June  
to end of  
August**

\$72/person ages 13 and up  
\$62/person ages 12 and under  
Minimum Weight:  
25 lbs

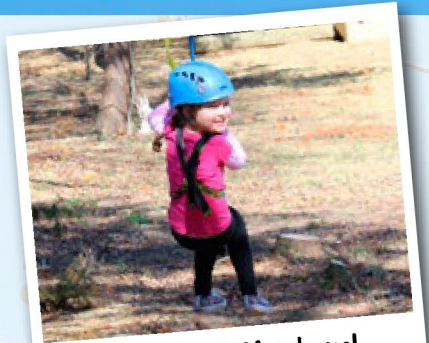
### FAQ: What about other days of the week?

The train ride and the canoe trip can each be done separately on other days and at other times of the year, but the Rivers and Rails package is only offered Wed-Fri, June 1st to August 31st.





# zip line



Watch me! Watch me!

**T**hrill as you speed down our 650 foot Big Zipper. Feel the wind whistling through your hair at speeds up to 35 mph. You can solo it or bring a buddy and race down the twin zip lines.

Specifically designed for our younger zippers, our 185 foot Little Zipper line provides big smiles!

## Big Zipper

- \$20 per zip
- \$72 for a 4-zip pack\*
- \$160 for a 10-zip pack\*

## Little Zipper

- \$10 per zip
- \$36 for a 4-zip pack\*
- \$80 for a 10-zip pack\*

\*Multi zip packs can be split between people, but all zips must be used in the same visit.

## Weight/Age Limits

Big Zipper : 65-275 lbs

Little Zipper: 90 lbs & Under;

Minimum Age: 5

**Reservations accepted  
or call ahead for  
availability**

## FAQ: How do we get down off the landing tower?

Drop tower! From the landing tower on the Big Zipper line, zippers are hooked into a belay line and 'dropped' to the ground. The drop tower is included in the pricing for the Big Zipper line. On the Little Zipper line, it is about 4 steps down from the landing pad to the ground.



# resort cabin

**S**tar Falls cabin is a gorgeous 3-bedroom, 1.5 bath resort cabin with all the comforts of home! Fully furnished, including linens and a fully equipped kitchen.



Kick Back and Relax!

## Summer Pricing

(June 1 to August 31)

- **Weekday:** \$190/night
- **Weekend:** \$230/night  
2 night min.
- **Pricing is for up to 6 people; \$20/person/night for over 6 (max 12)**

## OPEN YEAR ROUND

See website for other pricing

## Features

- wrap-around porch
- full kitchen
- gas fireplace
- outside grill area with picnic table, gas grill and fireplace
- HDTV with cable, DVD player
- washer/dryer

## FAQ: Do your cabins have heat and air conditioning?

Star Falls Resort cabin and the cozy cabins have both heat and air. The rustic camp-inns have neither heat nor air, but they are situated to get the morning sun and the afternoon shade.





# cozy cabins



**L**ocated on scenic wooded sites, the Cozy Cabins are a great option for those who want to be in the woods, but still have the comfort of a warm bed. You can sit on the front porch and enjoy the scenery or gather around the fire ring for a night of roasting marshmallows and telling ghost stories.

**\$85/night**

(Fri-Sat nights 6/1-8/31 and Sat-Sun of Memorial/4th of July/Labor Day weekends)

**\$75/night**

(All other dates)

**\$10/night discount for bringing your own linens.**

**OPEN YEAR ROUND**

## Features

- sleeps 4 (max)
- heat/air-conditioning
- small fridge
- microwave
- front porch
- fire ring (1st bundle of firewood is free)
- charcoal grill
- bathhouse
- double bed; bunk bed (2 singles)
- pets allowed

## FAQ: Are there bathrooms in the cabins?

Star Falls Resort cabin has bathrooms in the cabin, but the rustic cabins (camp-inns and cozy cabins) do not. We have 2 bathhouses and a set of restrooms all within walking distance of the cabins.



# camp-inns

**A**ll the fun of camping without the hassle of hauling a trailer or setting up a tent! Bring your sleeping bags or pillows and blankets and camp in a wooden tent!

## Features

- bunkhouse-style cabins (6 single bunks and 2 double bunks)
- sleeps 8 comfortably (10 maximum)
- fire ring (1st bundle of firewood is free)
- bathhouse on-site
- charcoal grill
- pets allowed

**\$55/night**

(Fri. and Sat. nights 6/1-8/31 and Sat-Sun. of Memorial/4th of July/Labor Day weekends)

**\$45/night**

(all other dates)

Pricing is good for up to 6 people  
Add \$5/person/night each additional person

**OPEN YEAR ROUND**

**Reservations recommended**

- porch with propane stove and built-in seating

## FAQ: Can we make advance reservations?

Yes! We are happy to take walk-ins for our lodging options, but to make sure that you have a place to stay, reservations are recommended. Reservations can be made 24/7 on-line, or give us a call!





**C**amping out under the stars. Laughing with friends around a campfire. Roasting marshmallows. Lightning bugs at dusk. All the things you love about camping!

## Features

- spacious, level sites
- gravel drive with grassy front yard
- 20/30/50 electric
- picnic table
- fire ring
- charcoal grill
- free wi-fi
- bathhouse with laundry facilities
- dump station

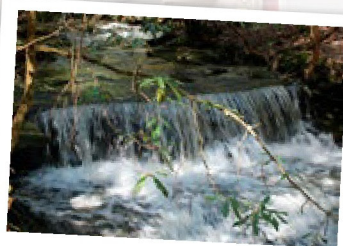
**Reservations recommended**

- **Pull-through (w/e/s): \$40/night**
- **Back-in (w/e): \$30/night**
- **Pricing is for the first 6 people.**
- **Premium Nights: Add \$3/night**

**OPEN YEAR ROUND**



**Cooking Out!**



**On-site Hiking Trails!**

## FAQ: Is there wi-fi on site?

Yes! We have free wi-fi available for our customers! It is available around the reservation building, throughout the RV campground, and both the resort and rustic cabins. It does not reach all the backwoods tentsites.



# tent camping

**O**ur backwoods sites are walk-in sites nestled in the woods. These primitive sites provide seclusion and a true tent camping experience. Drive-to sites allow you the ease of camping right next to your vehicle.

## Features

- picnic table
- fire ring
- bathhouse/laundry on-site
- wi-fi at site (except backwoods)
- charcoal grills (w/e and tent platforms)
- Max 6 ppl/site (Max 10 ppl backwoods sites B3, B4, B7, B8)

Water/electric, drive-to: \$25/night  
Primitive drive-to: \$17/night  
Tent platform, drive-to: \$25/night  
Primitive backwoods: \$17/night

Pricing is for the first 6 ppl  
\$2/person/night each additional person  
Premium nights, add \$3/night

**OPEN YEAR ROUND**

**Reservations recommended**

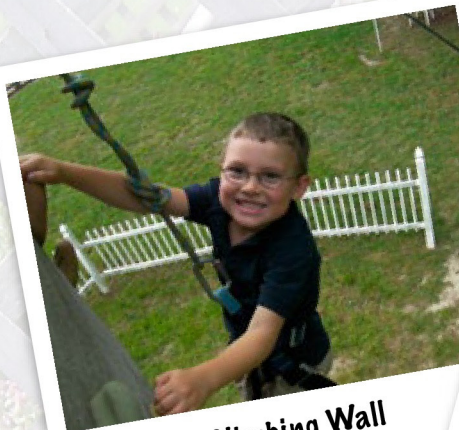
**Make sure your fire is completely out before you leave**

## FAQ: Are dogs allowed?

Pets are allowed in our primitive campsites, RV campground and rustic (camp-inns and cozy) cabins. They are not allowed in the Star Falls Resort Cabin (p. 15).



# other fun stuff



Climbing Wall



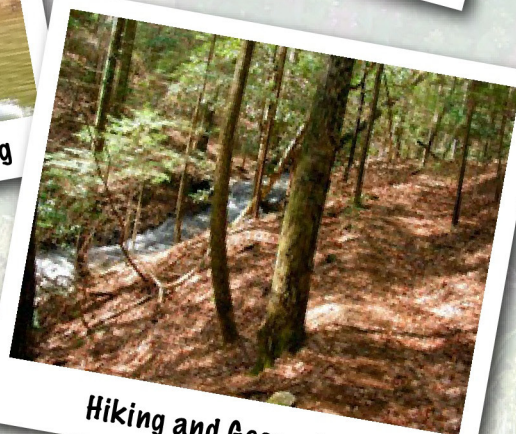
Camp Activities



Stand-up Paddleboarding



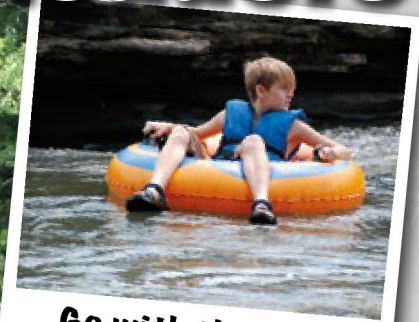
Cool bike rentals!



Hiking and Geocaching

Lots of fun activities here on-site! Please see our website for pricing.

# group leaders



Go with the flow.

## Group Pricing

Most trips have a 10% group discount, as long as one person does all the organizing and paying. Discount not available Saturdays June 1 through August 31 nor on Sundays of Memorial, 4th of July and Labor Day weekends.

**A** group is any group of 15 or more, whether a youth group, scout troop, work group, family reunion or just a bunch of friends. Ask for our group leader packet.

*Reservations required for all group activities*

## Special Options for Groups Only

Tubing Trip on Big South Fork: \$22/person

**We can provide breakfast, lunch or dinner for your group. Prices vary.**

**Customized multi-day trip planning**

**FAQ: We have a family reunion planned.**

**Can each family make separate reservations?**

Yes, they can, but you would not get the group discount. One person must do all the organizing, including collecting the deposit and balance in order to qualify.



# FAQ page

## How do we contact you?

phone: 1-800-541-RAFT (7238) or

1-606-526-RAFT (7238)

fax: 1-866-FAX-RAFT (329-7238)

mailing address: P.O. Box 1060

Whitley City, KY 42653

#sheltoweetraceadventureresort

website: [www.ky-rafting.com](http://www.ky-rafting.com)

email: [fun@ky-rafting.com](mailto:fun@ky-rafting.com)



## Do we need reservations?

Rafting, canoeing, and riverboat trips almost always require advance reservations. There may be times when we can handle a walk-in or two but that doesn't happen often. Other trips, such as the Rainbow Mist ride and Zip Lines, do not generally require advance reservations, but availability may be limited or staffing may not be available. We suggest making advance reservations whenever possible to ensure that you get the trip that you want!

## Where can I stay?

We offer a variety of options here on-site, including a resort cabin, rustic cabins, RV campground, and tenting campsites. Detailed information on our lodging options is available at [www.falls creekcc.com](http://www.falls creekcc.com). For other lodging options, please see 'Area Information' on our website.

## What else is there to do in your area?

If you enjoy nature and the outdoors, you should love this area. Our website has phone numbers and sites for various activities in this area. See the 'Area Information' page at [www.ky-rafting.com](http://www.ky-rafting.com). You can also contact the local tourism office for brochures.

## How do we make reservations?

Reservations for all lodging and most trips can be made online 24/7 at [www.ky-rafting.com](http://www.ky-rafting.com). You can also call us and we will make the reservation for you! Our reservationists will also be happy to answer any questions that you might have. Reservations are held with a non-refundable deposit.

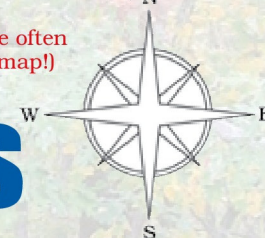
# getting here



Physical Address: 2001 Hwy 90, Corbin, KY 40701 (no USPS mail)

GPS Coords: N36 50.457 W084 15.596

(Note: on-line maps and navigation systems are often wrong for this address. Please defer to above map!)



# travel times

## Points North

Location	Miles	Time
Lexington, KY	95	2.0 hr
Louisville, KY	135	3.0 hr
Somerset, KY	50	1.0 hr
Cincinnati, OH	195	3.0 hr
Indianapolis, IN	246	5.0 hr
Chicago, IL	433	8.0 hr
Detroit, MI	448	8.0 hr

## Points East

Location	Miles	Time
Corbin, KY	10	0.3 hr
Williamsburg, KY	11	0.3 hr
Cumberland Gap	70	1.5 hr
Red Bird Mission	70	2.0 hr
Hazard, KY	86	2.0 hr

## Points South

Location	Miles	Time
Knoxville, TN	90	1.5 hr
Atlanta, GA	307	5.0 hr
Asheville, NC	222	4.0 hr

## Points West

Location	Miles	Time
Whitley City, KY	30	0.5 hr
Mammoth Cave	140	3.0 hr
Lake Cumb. SRP	90	2.0 hr
Bowling Green, KY	156	3.0 hr
Nashville, TN	240	4.5 hr