## The Freediving Academy

The Freediving Academy offer a range of PADI and AIDA Freediving courses for beginners and experienced freedivers



Discover Freediving Discover Freediving is a great first step to learn more about freediving for those that don't have time for or are unsure about taking a course. Either in a pool or in the ocean to a maximum depth of 10m. Pool only 1,000 baht Boat diving 3,500 baht

PADI Basic Freediver Basic Freediver is a perfect way to develop solid freediving skills. You learn basic freediving principles and focus on practicing breathhold techniques in a pool. This course is perfect if you don't have time for the full Freediver course

Pool only 3,200 baht

PADI Freediver PADI Freediver is a two day course where you learn freediving principles and safety techniques and the skills you need to be a certified freediver. 7,700 baht





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PADI Advanced Freediver Advanced Freediver is a three day course for certified freedivers to extend your freediving abilities, knowledge and skills and become certified to dive to a maximum depth of 24m. 10,700 baht



## **PADI Master Freediver**

The Freediving Academy offer the highest level of PADI recreational freediving courses Master Freediver. This 4 day course covers advanced freediving techniques and skills and certifies you to freedive to 40m. 15.000 baht



## AIDA Courses We offer the full range of non-professional AIDA Freediving Courses.

AIDA 1*: pool only, 1 day	3,200 baht
AIDA 2*: pool and boat, 3 days	10,700 baht
AIDA 3*: pool and boat, 3 days	10,700 baht
AIDA 4*: pool and boat, 4 days	15,000 baht



