Massage Therapies

Massage Therapies

Spa Packages

Spa Packages

30 45 60 90 mins \$79 \$109 \$139 \$189

DEEP TISSUE

A customised massage with firmer pressure for the individual looking for more detailed body work on specific muscle groups.

RELAXATION

A traditional Swedish massage using long, flowing, kneading strokes. Ideal for those looking to totally unwind.

PREGNANCY

A nurturing massage that will help to relieve pressure on the lower back, legs and feet. We have specifically designed cushions and supports to ensure your comfort.

COUPLES

Relax side by side in one of our luxurious couples rooms.



TREATMENT ADD-ONS

15 mins + \$29

Hand Massage | Foot Massage | Scalp Massage | Back Exfoliation | Back Masque

30 mins + \$59

Hand Massage | Foot Massage | Scalp Massage

*ADD-ONS NOT AVAILABLE AS INDIVIDUAL TREATMENTS

OIL UPGRADES + \$5

Pure Fiji Coconut Oil | Aromatherapy Oil

POPULAR TREATMENT

Remedial Massage

60 mins - \$139 | 90 mins - \$189 | 120 mins - \$239

In this results-driven massage, your therapist will focus on specific areas of the body with a deeper pressure and techniques such as trigger point therapy for release. Enhancements may also be included to optimise results.

*MEMBERSHIP PRICING AVAILABLE FOR PACKS OF FIVE & TEN.

*WE ARE AN ACCREDDITED SOUTHERN CROSS EASY-CLAIMS PROVIDER.

REMEDIAL ENHANCEMENTS + \$15

Orthopaedic Cupping | Dry Needling
*INCLUDED WITHIN THE TREATMENT TIME

REMEDIAL ADD-ONS 15 mins + \$19

Speciality Massage

HOT STONE MASSAGE 90 mins - \$219

Smooth heated stones glide over your body as an extension of your therapist's hands. The heat and healing energy penetrates deeper allowing greater tension relief.

REFLEXOLOGY

30 mins - \$79 | 45 mins - \$109 | 60 mins - \$139

Pressure point work is used on the feet to help stimulate energy flow throughout your body, leaving you feeling relaxed and restored.

INDIAN HEAD MASSAGE 30 mins - \$79

De-stress with a massage to focus on your head and neck relieving tension and stress.

Therapist Signature Massage

SPECIALITY 60 mins - \$149 | 90 mins - \$199

Choose from a variety of off-menu specialist massage styles such as Lymphatic drainage, Lomi Lomi, Reiki and more. Please call to enquire for availability.

*NOT ALWAYS AVAILABLE

LUXURY COUPLES PACKAGE

1.5hrs - \$429 | 2 hrs - \$529 (2 people)

SPA TREATMENT | NIBBLES + BUBBLES

Sip on a glass of bubbles and relax side by side with your loved one with a foot soak, scrub and massage followed by a 60 or 90 minute aromatherapy massage.

THE ULTIMATE INDULGENCE 3.5 hrs - \$399

FACIAL | MASSAGE | MANI + PEDI

This complete treatment envelopes you from head to toe. You will be pampered with a deluxe Manuka Honey facial, spa manicure, spa pedicure and full body massage.

PRINCE OR PRINCESS 3 hrs - \$379

EXFOLIATION + MASQUE | MASSAGE | FACIAL

Enjoy a full body exfoliation and purifying back masque followed by a full body massage and our hydrating Manuka Honey facial.

PURE REVIVAL | 1.5 hrs - \$199

FOOT SOAK & SCRUB + FULL BODY MASSAGE

Relax and unwind with a foot soak, scrub and lower leg massage followed by a full body massage of your choice.

FIJI ISLAND RETREAT 1.5 hrs - \$209

DRY BODY BRUSH | FULL BODY, FACE & SCALP MASSAGE | HOT STONES | HAND & FOOT WRAP

Start with a gentle dry body brush followed by a full body massage including your face and scalp. Hands and feet are wrapped in body butter while hot stones are placed on your body to release tension.

LUXURY ESCAPE 1.5 hrs - \$219

FOOT SOAK & SCRUB | MASSAGE | FACIAL

A warm foot soak & scrub followed by de-stressing back massage and our hydrating Manuka Honey facial.

MUM-TO-BE 1.5 hrs -\$199

This 90 minutes of escapism begins with a 30 minute foot soak, scrub and massage using heavenly Pure Fiji products followed by a 60 minute massage to ease tension, relieve pressure and help you feel light on your feet once again.

*ALL TREATMENTS ON OUR MENU ARE SAFE FOR PREGNANCY.

Massage & Facial Combos

A LITTLE PEACE & QUIET 2 hrs - \$269

60 MIN MASSAGE + 60 MIN FACIAL

A full body relaxation massage followed by our signature Manuka Honey facial. Two hours of pure relaxation.

ME TIME 1 hr - \$149

30 MIN MASSAGE + 30 MIN FACIAL

A 30 minute relaxing massage followed by an express facial. Relaxation for those who are limited with time!

Body & Foot Treatments

PARADISE BODY GLOW 45 mins - \$99

FULL BODY EXFOLIATION

Experience the award-winning 'Pure Fiji' sugar rub with a full body exfoliation followed by an application of warm coconut oils gently massaged into your skin.

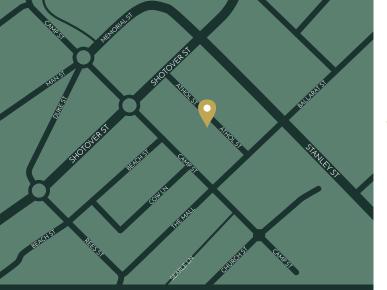
'PURE FIJI' FOOT REVIVAL 30 mins - \$79

FOOT SOAK & SCRUB + FOOT/LEG MASSAGE

The feet are bathed, exfoliated and massaged with Pure Fiji's pure blend of nut oils and body butter. A thoroughly sole reviving and invigorating experience.

BOOK ONLINE

www.bodysanctum.co.nz



RELAX, REJUVENATE, & UNWIND

Queenstown's multi award-winning urban escape.







Open 7 days from 9am - 9pm

Level 1, 10 Athol Street, Queenstown NZ

Reservations: All appointments require a VISA/MASTERCARD credit card.

Cancellation Policy: Should you need to amend or cancel your appointment, we request a

Facials

Hydrating

MANUKA HONEY FACIAL

30 mins - \$79 | 45 mins - \$109 | 60mins - \$139

Target your skin's hydration needs using our New Zealand Manuka Honey skincare range. Includes a deep cleanse, exfoliation, Manuka Honey masque, moisturiser and SPF if required. Perfect for dry skin.

Nourishing

FIJI ISLAND FACIAL & RITUAL 60mins - \$139

'PURE FIJI' FACIAL + LOMI LOMI BACK MASSAGE

Sink into island time with our Pure Fiji facial. Begin with a Lomi lomi back massage followed by a thorough cleanse, tone, exfoliation, masgue and moisturiser application. Experience a Pure Fiji heaven warming foot wrap while your masque sets. Great for all skin types.

Correcting

O COSMEDICS FACIAL

45 mins - \$149 | 60mins - \$159

Every 'O Cosmedics' Dermal Facial and Peel is prescribed for your exact skin concern and needs by our therapists. Includes a deep cleanse, exfoliation, peel, alginate mask, soothing head massage and application of treatment serums, hydrators and an SPF. Perfect for treating any skin concern.



MOBILE MASSAGE

BY BODY SANCTUM

Let us come to you...

Treat yourself to a deeply relaxing or therapeutic experience with us in the comfort of your own home or hotel room.

Nails, Waxing & Beauty

Nails

CLASSIC SPA MANI OR PEDI 45mins - \$69

The hands or feet are soaked, scrubbed and massaged followed by all cuticle work and polish.

EXPRESS MANI OR PEDI 30mins - \$49

Ideal if you are short on time! Includes all cuticle work and polish.

NAIL ADD-ONS 15 mins

Shellac polish + \$20 | French polish + \$20 | Shellac removal + \$15 | Callus treatment + \$25

*NOT AVAILABLE AS INDIVIDUAL TREATMENTS

Brows & Lashes

Brow Shape (wax)	\$25
Brow Tint	\$20
Lash Tint	\$25
Brow Tint & Shape	\$35
Brow Shape & Lash Tint	\$45
Eye Opener 30mins	\$60
Includes brow tint, shape & lash tint	

Waxing

3ikini	\$30
Extended Bikini	\$40
Brazilian (maintenance)	\$60
Brazilian (> 6 weeks)	\$80
-ull Leg	\$65
Half Leg	\$45
Jppler Lip & Chin	\$30
Jnderarm	\$25

Full menu for waxing available on our website.

Tanning

SPRAY TAN

Half Body - 40 | Full Body - 60

