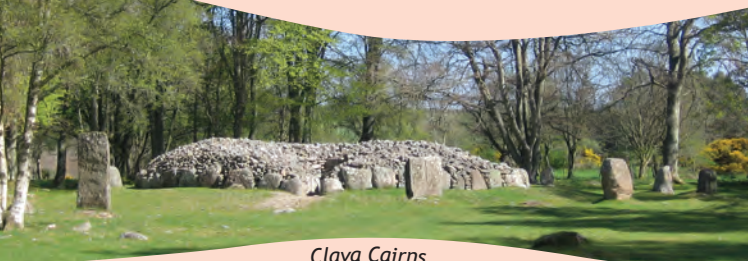


CULLODEN AND CLAVA

18miles / 29km

Mostly quiet country roads but a couple of miles through the town at the start and finish.



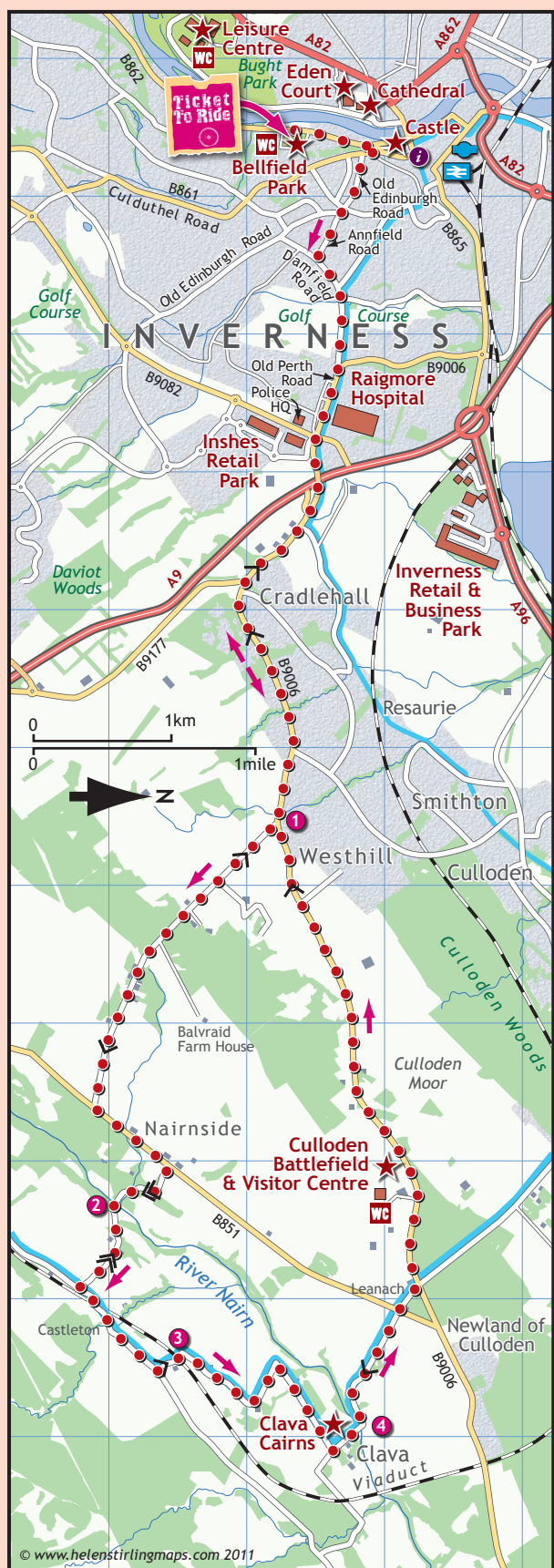
Clava Cairns

This route passes through the outskirts of Inverness then climbs steadily for three miles towards Culloden Moor. The views north over the Moray Firth are worth the effort. As you reach the top of the climb, turn right (signposted Nairnside) ❶, go over the hill, turn left then right, across the River Nairn ❷. At the top of hill turn left. Continue over and then under the railway ❸ to the bronze age burial mounds and standing stones at Clava.

Re-cross the river ❹ and climb the short steep hill to Culloden Battlefield, home to a great visitor centre. The route returns past the battlefield with a long freewheel into Inverness.



Culloden Battlefield



NESS ISLANDS AND CALEDONIAN CANAL

15miles / 24km

This route is ideal for all abilities as it is traffic-free and flat.

Follow the Great Glen Way signs through the Ness Islands ❶ until you reach the Caledonian Canal. Turn left onto the towpat ❷ to Dochgarroch. This is a really scenic stretch as you cycle between the canal and the river. At Dochgarroch the canal and the river meet Loch Dochfour ❸. The Oakwood Restaurant is a great place for lunch or even just an ice-cream.



Towpath at Dochgarroch

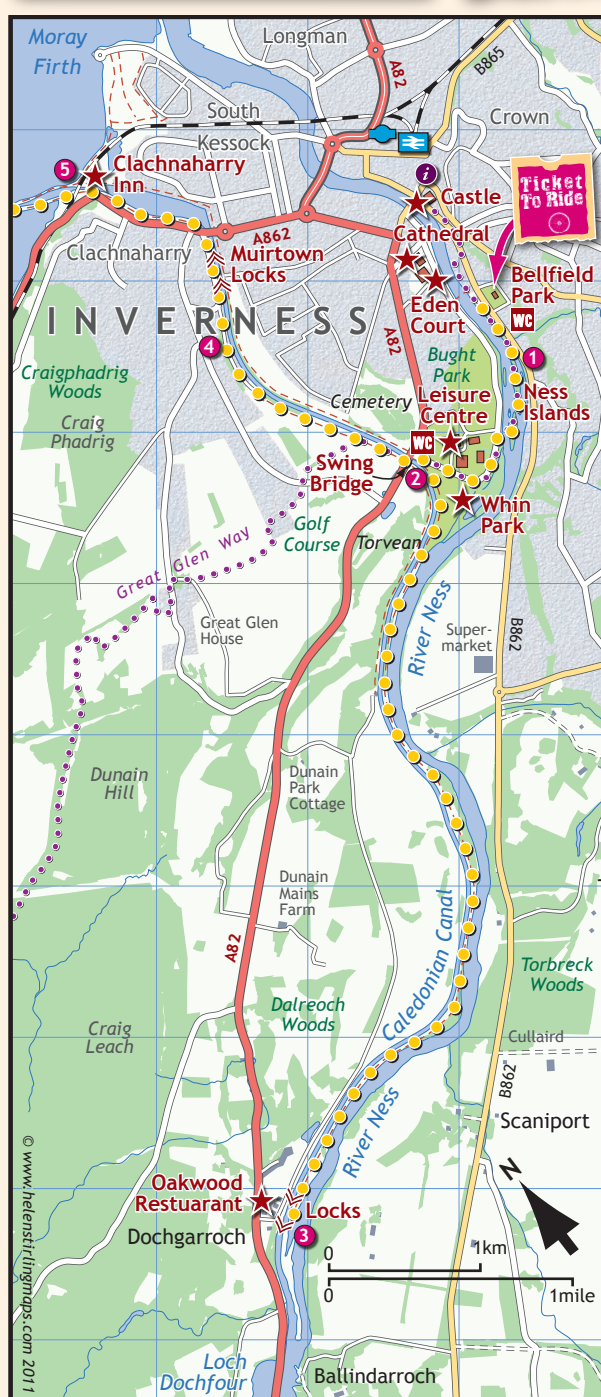
Take time to explore the tracks by the river and Loch Dochfour. Return along the same path to the swing bridge ❷ then cross the road and follow the towpath on the far side of the canal past the marina ❹ and Muirtown Locks to Clachnaharry.

The Clachnaharry Inn serves great food and they have won awards for their selection of real ales. Behind the Inn is a footbridge ❺ over the railway line. Either carry your bikes over the bridge or lock them up and set out on foot to the sea lock where the Caledonian Canal enters the Beaulie Firth. Follow either side of the canal to return to the Islands and Bellfield Park.



End of Canal at Clachnaharry

Main road	Rail/bus station
'B' road	Toilets
Minor road	Visitor information
Track	Place of interest
Railway	Cycle routes
Woodland	Route direction
Great Glen Way	National Cycle Route 1
Hill/steep hill	(arrow points downhill)



LOCH NESS

17miles / 27km

Mainly quiet country roads with some woodland paths. Gently hilly.

The south side of Loch Ness is the best for cycling. The first couple of miles out of Inverness are not usually busy but the cars can be fast. Turn left at Scanipoint ❶ for a quieter, more scenic route. The road loops back to the B862 where you should turn left ❷ and freewheel down to the school at Aldourie. From the school there's a path all the way to Dores. You can refuel at the excellent Dores Inn, explore the beach and look out for the monster! Return by the same path to Aldourie and go up the hill. Just past the castle gates, turn left ❸. At the foot of the hill follow the road until the end ❹ then continue on the path through the forest. The path will lead you back to the B862. ❺ Turn left to Inverness.



Dores Beach

